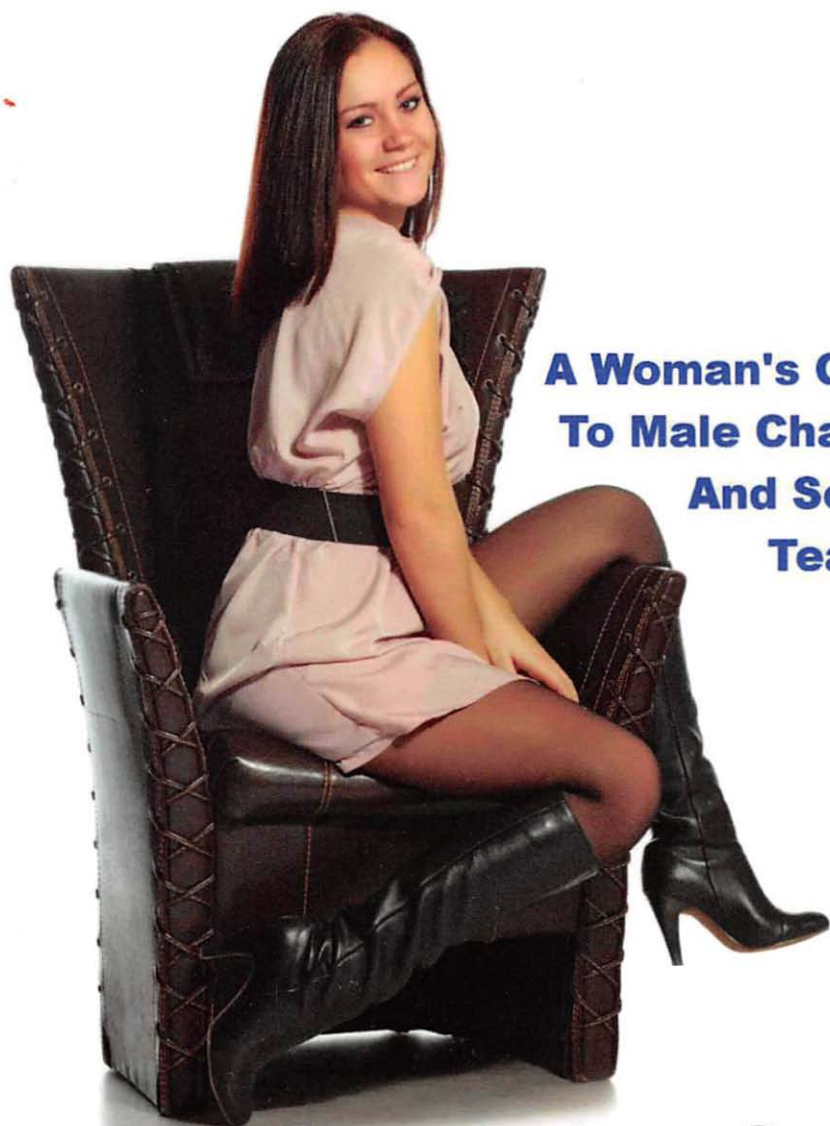


A KeyHolder's Handbook



**A Woman's Guide
To Male Chastity
And Sexual
Teasing**

by Georgia Ivey Green

A KeyHolder's Handbook

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Dedication

This book is dedicated to all those individuals who enjoy male chastity. From the man who has tried to convince his wife or girlfriend to give it a try, to the KeyHolder's who have asked me to for help in learning how to sexually tease their partner. They have all inspired me to keep writing and to provide the very best information available.

Thank you all!

Preface

What is a “KeyHolder” and why would I want to be one? These are questions you are probably asking yourself right now. Chances are, you didn't buy this book for yourself. Your husband, boyfriend, lover, or whatever, bought it for you in hopes that you would read it and then lock him in a chastity device and tease the hell out of him.

The truth is, women have been using sex to control men for ages. What they didn't know was that their partners secretly loved it. Yes, many men love being controlled and coerced with sex. If they didn't, why would it be so easy for a woman to convince a man

to do just about anything she wants when she uses sex as an incentive?

I understand why many men need a release from their everyday lives. They are pressured every day to be in charge, to be strong, to lead, even if their personalities are not the alpha type. They are expected to take charge of certain aspects of their own lives. Society puts this pressure on them. Whether they want it or not. Men have been brought up through the generations to provide for their families, work hard and be the "King of the castle."

Women have fought a long, hard, uphill battle to be able to stand shoulder to shoulder with any man. It took years and years of struggle to be accepted for who we are and to be considered equal to men, especially in the work place. But what about the men of the world who don't fit society's view of what a man should be? What if they don't want to be in charge, to control everything all the time?

There are many men out there who openly want to be controlled by a woman. If his wife won't do it, he may seek someone else to fill the position. For many years, men of means have secretly turned to a professional Dominatrix when the pressure of

everyday life (or even just work) got to be too much for them. Maybe they tried having an affair and discovered that it just wasn't enough. But with today's more openly sexual atmosphere and liberal attitudes, men are coming out of their shells and begging their partners to take control of them, sexually at least.

The problem is, their wives or girlfriends, have not been properly prepared by society to know what to do. Mom didn't teach them how to handle a man who wanted to be submissive. After all, Mom didn't know what to do either. So both men and women are becoming frustrated when a man wants his partner to take charge. Especially in the bedroom.

I have received many letters and emails from men and women alike asking for a more in-depth book explaining what they can do to tease their men sexually. So I decided to write this book. In it you will find specific things you can do to tease and control your partner sexually. You know that is what he wants or you would not be reading this. But just because he may have requested you read this and/or take control of him and his orgasms, doesn't mean that you should look upon this as a chore. In fact, I recommend that you look at it as a chance to get more enjoyment out of the sexual

side of your life and not something you have to do in order to keep your partner happy.

Don't think that you need to run out and spend a large sum of money on a chastity device either. In fact, you may not need one at all. Many couples enjoy a chastity lifestyle without using a chastity device. So whether you choose to use a device or not, you can still benefit greatly from applying the basic principles, and techniques I will teach you in this book. All I ask is that you use the information to improve your own sexual satisfaction and stop looking at it as a chore. Think of it more as a game. If you enjoy playing games, this will surely be one of your favorites.

Georgia Ivey Green
(Mistress Ivey)

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THE GAME

*"Go ahead and close the lock for me baby.
I promise to keep you locked up
for a really, really long time."*

So you want to know what all this fuss is about? You, or your husband, lover, boyfriend, or whoever, has asked you to read this or to be his Mistress, Queen, Goddess, or just plain KeyHolder. You are reading this to see if it is something you are willing to do. It is not unusual that a woman in today's society does not know how to handle a man who wants to be locked in chastity. Well, let me make it easy for you. Do you like games? What about sexually oriented games? If you do, then you will have no problem playing this one. Male chastity is nothing more than a game. And you get to set the rules.

The goals of each player differ, but are very easy to understand. His goal in playing the chastity game is

simple; He must convince his KeyHolder to release him and allow him to have a full orgasm. That's it. Simple. Your goal, as his KeyHolder, is to make him go as long as you think he can stand it between orgasms. Again, simple.

There are many different ways to play the game, however. You are in charge of the game and how it is played. What you, as a KeyHolder, choose to do is entirely up to you. You may choose to merely hold the keys as requested, or you may get much more involved and have a great deal more fun. Again, it is your choice to decide how you want to play the game.

What is "Key-Holding" all about, anyway? Put simply, it is about control. It is about controlling him sexually. It is about controlling his ejaculations (or orgasms). It is about maintaining a state of arousal in your man longer than he ever could without your help. It is about erotic, sensual play. Whether you actually use a chastity device of some kind or not, it is about learning how to enjoy a sexual relationship that is more equitable, more enjoyable, and just plain more fun for the both of you, than you have probably ever known before.

Please don't pay much attention to what you read on the Internet about male chastity. It is very different than the way it is so often portrayed. Most of what you will find on the Internet is designed to spur men's fantasies. And it does an excellent job of it. Even though his fantasies are important, the fantasies he gets from the Internet are exaggerated and idealistic. We have to deal with reality and realistic goals and expectations.

It is not like anything you have ever done before. But it is not what most people think it is. It is a means of bringing a couple closer to together in a new and exciting way. Being a KeyHolder is a huge responsibility. Being a KeyHolder is what you make of it. If you are willing to put a little time and effort into it, and use a little imagination, you can achieve a sexual relationship with your “significant other” (partner, husband, boyfriend, lover, or whatever you chose to call him) that you never dreamed was possible. You can bring back all the sexual excitement you felt when you first got together. You can take your sexual enjoyment to new heights, far beyond what you have ever experienced before.

The Two Aspects of Male Chastity

Now that I have your attention, let me explain the two aspects of male chastity and how they differ. The first is orgasm control. It is the simplest of the two aspects. It involves the KeyHolder simply deciding when the chaste male is permitted to have an orgasm. Nothing more. In other words, you will be in charge of the keys to his chastity device. Since it is practically impossible for him to have any kind of orgasm while wearing a properly fitting chastity device, you must release him from his chastity in order for him to get any sort of satisfaction, sexually speaking.

Simply being a KeyHolder does not obligate you to do anything other than decide when he may have an orgasm.

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However, you may very well want to get more involved than that, especially when you read about all the other fun things that you can do in this game.

The second aspect of the male chastity game is called “tease and denial.” This is the really fun aspect of the game. This is what your partner was thinking about most when he asked you to be his KeyHolder. He wants you to do everything you can think of to sexually tease him and still deny him an orgasm. But exactly how much you choose to do, or not to do, is still your choice.

Tease and denial can be a very time consuming thing. It all depends on how much of it, and what type, you choose to do. We will get into all the things you can do in later chapters, but for now, understand that you can do as much or as little tease and denial as you like.

What if I am wrong and you are the one who wants to play this game, and you are reading this to find out exactly what you have to do? Does your partner need to be “on board” with your plan to use chastity (or tease and denial) as a means of improving your sex lives? No, not really. Chances are, he will once you explain it to him. He has probably had fantasies of being controlled by a beautiful woman before, at one time or

another. Even if he hasn't, he will enjoy it. I guarantee that.

Motivations

His motivations for wanting to participate in a male chastity relationship are pretty simple and straight forward. First of all, if he asked you to do it, he has already had fantasies about it. In his mind, you will be the perfect mistress (KeyHolder) for him. You will want to play the control game and the tease and denial game. He may not like all the the things you do, but, again, that doesn't really matter because you are in charge.

He wants you to keep his penis locked up. He also wants you to make him work for his orgasms. You want him to do things to please you. You can always have him give you oral sex or use a vibrator or a dildo on you until you have had all the orgasms you can handle. He will love doing it, especially if you don't let him ejaculate. It is a mind game. He wants you to be "mean" to him. By that he means that he wants you to make him wait, beg, plead, for an orgasm. Then he wants you to deny that orgasm and tease him some more. I know it sounds contradictory, but once you understand it, you will wonder why you didn't do this years ago.

Another reason, or motivation, he may have is that he is feeling submissive and wants you to tell him what to do. This type of man wants to be ordered around. That is, he wants to serve someone, hopefully you. He feels a need to be told what to do. He wants to do the household chores, give you massages, and feel the sting and bite of your paddle when he fails to please you. He also wants you to make him attend to all your needs and desires. Of

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course, he is hoping that you will want to get heavily involved in the tease and denial aspect we already talked about.

If he was not the one to bring it up as a part of your relationship, then he may need a little convincing. That part is up to you. Ask him to look up “tease and denial” on the Internet and see what he thinks of it. Of course, you can always use your feminine wiles to convince him to give it a try.

Your motivation for wanting to get involved with male chastity might be any of a number of things. Because he asked you to is the most common. However, maybe it is because you think (or know) that he masturbates more than you would like. Or you think he has had an affair and you want to make sure it never happens again. Or maybe, just maybe, you have done a little research and decided it would be fun. Whatever your motives are, you need to be armed with the best information available. And that, my friend, is exactly what this particular handbook is all about.

What Device (if any)?

You might ask yourself if it is really necessary to use a chastity device. Okay, let's take a look at some of the reasons you might want to use a chastity device and even some reasons why you might not.

To start with, putting a chastity device on your man will give him a constant reminder that, not only that you are in charge of his orgasms, but that he cannot do anything about it. In most cases, this will serve as a turn-on for him. He will become aware of every twinge of any erection that he normally gets during the day, which might otherwise go unnoticed. Those twinges will remind him that you are in control. Again, that is a turn-on for most men.

Furthermore, he will get aroused more often simply because he is wearing a chastity device. It will serve as a reminder that he cannot even touch himself unless you remove the device. So by placing him in a chastity device, you have already begun the teasing process. Tease and denial is the means by which you will reach your ultimate goal of a greatly enhanced sexual relationship. A chastity device insures that your partner is not sneaking off to masturbate whenever he feels like it. It also means he won't be having any affairs behind your back. But beyond all that, it will serve as a constant reminder of who is in charge of his genitals.

The Honor System

You might choose not to use a chastity device at all. I call this the honor system. If you choose not to use a device of any kind, you will need to have complete faith that he will not cheat. However, because sometimes a chastity

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device can cause discomfort to the wearer, you may choose to go without one, at least for awhile. Some chastity devices can cause chaffing and/or irritation. If you don't have one that fits properly, there may even be some pinching or cutting of the skin in places, though this is more rare than common.

There is also the expense of a chastity device to be considered. If the inexpensive (off the shelf) types don't fit properly then you must invest in a more costly, custom made one.

If you decide to use a chastity device, there are a large number of them on the market. Some are more secure than others, but any of them will do unless you think your partner is likely to try to cheat the system. In that case you will want one of the more secure devices. One that will not permit him to 'pull out' of it. By that I mean, he will not be able to get his penis out of the cage no matter what he does. You can find such devices for sale on the Internet by simply doing a search on your favorite search engine.

Securing the Keys

Once you have placed your partner into whatever device you have, you will need to lock it with a small lock (usually provided with the device). There will be two or more keys supplied with the lock. One you should keep

hidden securely where he will not be able to find it, or, as many women like to do, wear it around your neck with a chain long enough to allow it to dangle between your breasts. The other key(s) should be placed where your partner can get to it (them) in an emergency, but secured in a way that you will know if he uses one. If you have plastic numbered locks (often supplied with your chastity device or obtainable from many on-line stores), you can use one to lock the key to something secure. For example, one woman I know attached the key with a numbered plastic lock to one of the water lines under her bathroom sink. To use it, her husband would have to cut (or break) the plastic lock to free the key.

Another method of securing the emergency key is to put it in a small envelope with your name or initials across the seal. If it is tampered with, you will be able to tell. Another woman I know actually gave the emergency key to her husband with strict instructions as to when it could be used. Of course, she had a great deal of faith in her husband not to cheat. As I said, the emergency key should be accessible, but not without making it obvious that it has been used.

Of course, you could always use the numbered plastic locks I mentioned above. If you always record the number of the lock currently in use. That way you will certainly know if he has changed it. The advantage to this system of key management, is that no matter where he is, he knows that he can break the lock and remove his

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chastity cage if he needs to. In other words, he will not need to run home and get the key in an emergency.

If your partner has to make numerous trips through a metal detector, it would be best to invest in a few of the plastic numbered locks. They are very inexpensive and cannot be re-used if removed. Also, if your partner travels a great deal by air, he will need a plastic cage, such as the CB-6000, and plastic locks so he can pass through airport security without being strip-searched each time. Of course, there are times when that, in and of itself, would be fun. The humiliation would be intense. We will cover humiliation and why you may want to incorporate it into your tease and denial routine as we go along.

If your partner does not need a plastic chastity device, then I would recommend a custom made metal device. There are several companies who can provide you with one. They are quite a bit more expensive, often two to three times as much as the plastic versions, but well worth the expense if you plan to keep him chastity for more than a couple of weeks at a time.

Pro's & Con's

Now let's talk about some of the pro's and con's of using a chastity device. The biggest reason I get from people, both men and women, for using a device is to prevent unauthorized masturbation. Whether you know it or not, most men will masturbate when they feel the need, even if they are getting sex on a regular basis. There are many,

many reasons for this, most of which boil down to “I wanted to do it,” or “I was horny.” Take your pick. Neither sounds like a valid reason to me.

Another reason to chose a chastity device over the honor system is that it will prevent any affairs he might contemplate. Granted, not all men are unfaithful, but fidelity is guaranteed when using a good metal cage. So if you even think your partner might have an affair, then I highly recommend using one.

So if you are only planning to make him wear it for a weekend or just a few days, then you will not need to keep a close eye on things. On the other hand, if you intend to leave it on for longer periods of time, it takes a watchful eye for the first few weeks to make sure the device is not causing any undue discomfort, such as chaffing or irritation caused by something pinching him in the wrong place. You, not him, will have to make daily inspections for the first week, and two to three times a week thereafter. If he complains or you notice anything out of the ordinary, such as reddening around the scrotum or the base of his penis, remove the device for a few days to make sure it clears up. When you put it back on him, either make some changes or watch it carefully again for any sign that the irritation is returning.

To help prevent such irritations, I recommend using a petroleum jelly such as Vaseline(R) or equivalent to lubricate the inside surfaces of the cage. You can also use Baby Oil Gel(R), but be aware, it will eventually work its way into the skin and need to be reapplied during the day.

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A good silicone lubricant will also do the job very well. Silicone will not work into the skin, nor will it wear off during the day. It makes an excellent remedy for a chaffing chastity device. It can be washed off with a little soap and water.

Remember also, the chastity device itself can serve as a constant sexual reminder of the one who holds the key and will tend to keep him a little bit aroused during the day. So that alone is a good reason to use a chastity device.

One reason you might not want to use one of these penile cages, is that it can be a hassle removing it and especially replacing it, if you want to physically tease him often. However, I will give you a way to make that a little bit easier. Remember, temporary removal of the chastity device does not necessarily constitute his right to have an ejaculation. You will find that, in order to do the type of teasing you want, you may have to remove the device. But just because it is off does not mean he gets to have a nice orgasm, or any orgasm, for that matter.

BASIC ORGASMS

*'T'm so sorry. Did I ruin your orgasm?
Oh, well, maybe you'll have
better luck next month.'*

Did you know that there are different types of orgasms that a man can have? Well, there are. The three basic types are: 1) Full; 2) Ruined; 3) Stifled . Each one has a different effect on a man and his ability to function sexually at that moment. Let me explain.

The Full Orgasm

Just what is a "Full Orgasm" anyway? Well, that depends on who you ask. For most men it is that series of all too rapidly diminishing, explosive blasts of semen that follows a few minutes of penile massage while fantasizing over some photo in a magazine, or watching an erotic

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video on the Internet, or during those private moments in the shower. If he is with a women, it is the same rapidly diminishing, explosive blasts of semen that fills her womb at the end of, what could have been, a wonderful sexual experience. His ejaculate (semen) is that white, gooey substance that signals the end of every sexual encounter he has probably ever had or ever will have.

The full (or normal) orgasm is the most common and may be the only type your partner has ever had. When he masturbates (and every man has at one time or another) he experiences a full orgasm, unless he gets interrupted for some reason. When he has intercourse, he has a full orgasm. His wet dreams end with a full orgasm. In other words, that is the normal manner in which most (if not all) of his sexual encounters end. And that is the key point here. His sexual capacity normally ends with this orgasm. On rare occasions, a young healthy male "might" be able to continue sexual activity and even have a second orgasm. But we are talking about the average male here, not some adolescent sexual athlete.

But whatever you think it is, it is NOT the preferred outcome of a tease and denial session with a chaste male. It is what he says he wants, but it is not what he really wants. It is what I described in the first paragraph of this chapter. But what, then, did I mean when I said, "It is what he says he wants, but not what he really wants?" Men who really enjoy chastity (wearing a device that prevents sexual intercourse) and want to have their orgasms (ejaculations) controlled by another person, don't

“really” want to have a full orgasm. They want to be denied that orgasm. That, after all, is the point of “tease and denial,” isn't it? But we will get into that later.

Every woman who has ever had sex with a man knows that when he ejaculates, he is pretty much done. If she has not been totally satisfied before that happens, she can forget getting what she wants for awhile. Probably the rest of the day (or night). So how do we make both of these people happy? Simple! Deny him an orgasm, at least until she has been totally satisfied.

Let's recap. She wants her own orgasm to feel satisfied. He doesn't want to have an orgasm (in the traditional sense) even though he will beg for it. If you are trying to understand the mentality here, don't! Just accept the fact that in the game of male chastity, it is his job to do anything and everything in his power to convince his KeyHolder to grant him a full orgasm. Thus, he wins the game, or this round, anyway. It is the KeyHolder's job to deny him that orgasm for as long as she possibly can while, at the same time, getting every bit of sexual satisfaction she wants for herself. It sounds more difficult than it really is.

Now let's look at the typical male orgasm and what it does to him. It causes his body to release certain hormones and endorphins that control things such as sexual arousal and the blood flow to the penis (which is what keeps it hard). That is an over-simplification of what happens but the end result is the same. He loses all interest in sexual activity. He may even become grumpy

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and out of sorts for up to a week (or even longer), and he will (most likely) not even be able to produce an erection without proper rest.

Whoa there. What was that about being grumpy and out of sorts? Right. He may very well be more difficult to live with once his sexual appetite has been satisfied. If that isn't enough incentive for you to deny him a full orgasm, I don't what is.

So, if he is going to be hard to live with simply because you granted him an orgasm, what can you do instead? Well, of course, the obvious answer is to deny him that orgasm. But what else is there? I am so glad you asked that question. Let's see what happens if you stop just in time to prevent him from ejaculating. There is another way to play that can prevent all this lack of sexual arousal and grumpy behavior.

The Ruined Orgasm

So what is a "ruined" orgasm, anyway? Put simply, it is an orgasm without all the negative after effects of a full orgasm. In other words, no diminished sexual drive, no inability to maintain an erection, and no grumpy behavior for the next week or so. However, he will not enjoy it nearly as much (if at all) as he would a full orgasm. Oh well, he will get over it.

The best way to ruin his orgasm is simply by stopping ALL stimulation of his sexual organs. That is, stop

touching his genitals in any way. If you do it in time, you may see him struggle to have that nice full ejaculation he has been trying so desperately to achieve, only to have his semen come flowing gently out of his penis instead of shooting half way across the room as it normally does. That would be a ruined orgasm. The best part about a ruined orgasm, besides the disappointed look on his face, is the fact that none of the normal post orgasmic conditions occur. That is, he will not lose interest in sexual activity. He will not become grumpy and out of sorts for the next few days to a week. And he will still be able to maintain his erection for as long as you would like him to. Win, win, win!

Of course, he may be slightly disappointed that he did not get the feeling of relief he is so used to after he ejaculates. On the bright side, you can continue doing whatever it was you were doing prior to the interruption. Since he will be able to maintain his erection, you can do pretty much anything you could do before the orgasm happened. In fact, you may be able to coax two or even three more of those nice little ruined orgasms out of him before his supply of semen is exhausted. How about that for fun?

So, if you simply cannot take any more of his begging, whining, or maybe even crying. Try ruining his orgasm instead of allowing him a full one. Besides, it is fun watching his semen flow gently from the end of penis instead of shooting out on some unpredictable trajectory.

So how do you ruin an orgasm, again? Practice! I have

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always recommended that you watch him very carefully while manually stimulating his penis. Watch for any indication that he is about ejaculate (to shoot his load, as they say). Once you are familiar with the indicators, or symptoms, of an impending orgasm, you can stop all stimulation and watch what happens. One of two things will occur; He will relax and not have any orgasm at this time, or his orgasm will have been ruined and his semen will flow gently from his penis as I described above.

Now, if the latter happens, you have succeeded in ruining his orgasm and you can pat yourself on the back and continue to ruin a second one, if you like. Or you can simply give him your “phony” sympathy and tell him that maybe next time he will get a full orgasm.

If, on the other hand, the former happens, it means that you simply did not stop in time and you will just have to try again, next time. That should be fun, anyway.

If you have never ruined an orgasm before, I suggest you use the following method to practice. Lubricate his penis so that it glides smoothly in your hand. You may need to add lubrication as time goes by. Most of them have a tendency to dry out or work their way into the skin. Either way, they will lose their effectiveness and you will need to add more.

Grasp his penis gently. Very gently. You want to make very slow, gentle strokes with your hand. Don't be in a hurry. Taking it slow makes it much easier to determine when he is close to ejaculating. Remember, your goal is to

learn everything you can about the indications he gives when he is close to ejaculating. If you think he is getting close and might ejaculate, stop. Remove your hand from his penis immediately.

Don't think that because you are not stroking him that it is the same as letting go altogether. It's not. If he can still feel your hand touching his genitals, he may still have a full orgasm. You don't want that. It's much better to stop too soon, than to keep going too long. As long as he does not shoot semen out of his penis the way he normally does, you have been successful. Even if nothing happens. You can continue to stimulate him as long as nothing came out. In fact, you can do it over and over again, for as long as you like. We call that edging, and he will enjoy it. But if you can coax that semen to flow smoothly out without squirting, you have ruined his orgasm and you can do it again, if you like.

The key is to keep his penis lubricated, and watch his reactions very closely as you slowly, and gently, stroke his penis. Don't get discouraged if you fail the first time or two. Remember what I said, "It's better to stop too soon than to keep going too long." And, as always, practice makes perfect.

The Stifled Orgasm

There is another type of orgasm possible. If you didn't manage to stop before he reached that point where his ejaculate is pushed out of his penis with all the pressure of a full orgasm, you can still stop him from enjoying what he is expecting to get. You can stop the flow of his

ejaculate while it is still inside his penis. I call this a “stifled” orgasm. If you squeeze the sides of the head of his penis tightly between your thumb and forefinger, and hold it until his spasms stop, his semen will back up into his system (usually the bladder) because it has no where else to go. You may accomplish the same thing by squeezing the base of his penis very tightly, but it is more difficult that way. Either way, when you release your grip, you may see one short “blast” of semen, only because of the pressure that built up while you were restricting the flow. You can prevent this if you hold it back long enough for the pressure to bleed off.

The problem with a stifled orgasm is that it may or may not stop the normal bodily reaction to the ejaculation. That is, he may still lose interest in sex, get grumpy and out of sorts for awhile, and not be able to maintain his erection. If this happens, you may have been too late in your attempt to stop the orgasm. Most of the time, however, it will be as good as a ruined orgasm in that you will not see any of the negative effects of a normal, full orgasm.

So in order to play the game to your best advantage, you want to prevent allowing him that full orgasm and, instead, give him a ruined orgasm, or a stifled one if you must. Remember, in order for him to win the round he must have a full orgasm. All you have to do is prevent that.

Simple!

HOW TO PLAY

*"No, silly, you get to give me
all the orgasms I want, but I
don't have to give you any!"*

Chastity Only

Basically, as I said before, there are two ways to play the chastity game. The first is chastity only. That means that you, as a KeyHolder, don't do much other than keep his keys so that he cannot possibly have an orgasm without your permission. Admittedly, this is not much fun for either of you. But it can be done.

What you do to play this way is to instruct your partner that in order to have an orgasm he must obtain your permission. When and why you give that permission is up to you. You may simply make him wait a certain amount of time, say, a week, a month, six months, or even a year.

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Of course, in the real world this is something that you should discuss before you snap the lock closed on his chastity device. It is only fair that he knows what to expect. It may very well be that he will want to go longer and longer with each test of his ability.

You could even set up a code word (or phrase) that would signal that he has waited long enough and really wants to be released from his chastity. Of course, it would mean that you do not have total control. It could be used much as a safeword would be used. That is, to effect a release from his chastity device when, and if, he felt overwhelmed or just wanted to stop the game. As I said, this method of play is not nearly as much fun as when you add the tease and denial to it.

Even if you are not playing the tease and denial method of play, there is no reason why you can't have a little fun. You can use the "service" oriented method of play where your partner is required to perform certain tasks, or even just be obedient to you. Chances are, your partner wants to serve you in some way. You can use his desire to serve as a means of allowing your partner to earn his release. That is, if he has done his chores all week (or month, as the case may be) and you are feeling generous, he may be allowed out of his cage for a specified period of time. He does not necessarily get to have an orgasm, just a little time out of the cage. That is up to you.

Since you are the one who sets the rules of the game, you

can keep score to help you determine whether he has earned a release or not. By “release” I don't necessarily mean an orgasm. To clarify, a release is defined as time out of his chastity device. What he does, or you allow him to do, is up to you. For example, you may base his release on good behavior, or simply a set time in chastity, or a combination of both.

You may also define “release” to mean that he may have an orgasm, or his chastity device will be removed so that you (or he) may play with his genitals for a time. You may also allow him a set time (an hour, a day, or even a week) without his chastity device. In which case, he may be allowed to bring about his own orgasm (masturbate) if he so desires. There may, or may not, be a limit as to how many orgasms he is allowed during this release. It is up to you, or you can negotiate these rules before you start, or as you go along.

It is a good idea to set your rules prior to placing your partner in chastity. That way, everyone understands the rules and what is expected of each other. You can negotiate a contract or an agreement. By putting everything in writing, there can be no misunderstandings later on. An agreement isn't always necessary, but it can make your partner feel a little safer.

Dispelling The Myth

Over the years, I have heard one complaint more than any other when it comes to tease and denial. Women often tell me that they feel pressured to “perform” when it comes to teasing their partner. Men complain that their wives don't seem to want to tease them very much. These are really one in the same, just from different perspectives. Upon deeper investigation I have found that the women invariably seem to feel that they must perform up to their partner's standards. That is a fallacy!

Ladies, let me assure you that you are under no obligation to live up to his fantasies, nor are you required to “satisfy” his desires. Looking at chastity as a game, tease and denial is your road to complete and utter sexual satisfaction. It is he who must satisfy you. In this game, the objective is to have fun. You have fun teasing him and denying him an orgasm (or not) and he must satisfy your every sexual desire in order to get you to agree to allow him an orgasm (or not). The difficult concept to grasp here is that no matter how much he seems to want an orgasm, he doesn't. What he wants is for you to deny it to him. I know that sounds like a contradiction, but, believe me when I say, that's what makes this all a game.

We have all played this kind of game before. You want him to agree to watch your favorite movie instead of watching his favorite team play on TV. You will “sweet-talk” him and maybe even fondle his genitals in a teasing way, in order to get him to agree to watch the movie of your choice. I am sure you can think of at least one incident in which you have done something like that to

get your way. It may have been as simple as promising him sex if he will take you out to dinner. Well, this is the same thing.

If you want more oral sex, for example, you simply hint that you might be willing to let him have an orgasm if he does a good job, or does it often enough. Then, you tease him more to get him in the mood to do what you want him to do. Or, you can simply withhold your teasing until he complies with your request (whatever that may be).

When you look at it that way, there is nothing that you “must” do in order to make him happy. The roles have been reversed. Now it is he who must make you happy before he gets what he wants. And, frankly, that is the way it should be. Even in Biblical times we see stories of women using their sexual influence over a man to get what they want. It works.

So I repeat, think of this as a game to be played the way you want to play it and when you want to play it. He has no choice about what you do or don't do. If he complains... Well, we will cover discipline later. For now, just think of it in terms of him pleasing you. That should make it easier for you to do things that will please him (or otherwise encourage him) to do what you want him to do.

You may think that your ultimate threat to him is that you will never remove his chastity device. On the contrary, you will find that the ultimate threat is that you will remove it and never play the game again. Yes, I do

consider male chastity to be a game. You can play it for a weekend, a month, or several years. How long you play the game is up to you, as a couple, to determine.

As I have already said. If you think of it all as something you have to do for him, you may feel somewhat intimidated by everything that you think you have to do. But when you put it in terms of getting what you want sexually, that intimidation goes away. You do what you want and he will do what you want in return. Now that's what I call a win-win situation.

If you can make it fun for yourself, then it will be fun for him as well. I hope that this book, with the detail I go into, will help you in finding ways to tease without feeling the pressure from having to “perform” for him. After all, if you are doing this right, it is he who will be performing for you.

Using T&D

To play the game using tease and denial (T&D) properly, you must find ways of keeping him aroused as much as you possibly can. Deny him orgasms for as long as you think he can stand it. By-the-way, there is no medical reason for him to have any orgasms at all, ever! I am not advocating that you lock him in his chastity device and never let him out again. On the contrary, I want you to let him out. Let him out often. But never, NEVER feel obligated to give him a full orgasm. He doesn't have to have one.

But let's talk about that anyway. Many women love to make a man ejaculate. It gives them a thrill to watch how his body reacts. How he tenses up and then pumps his penis and his hips and anything else he thinks will make his ejaculate shoot further and harder than ever before. Yes, it can be, and often is, fun and exciting to watch when it happens. If you like that sort of thing, by all means find a way to use it. Instead of making him think that he will learn how long he can go without an orgasm, you might play a different game altogether.

Try this one on for size. Tell him that you are taking control of his orgasms and that he will have one whenever, and however, you want him to. That is, maybe some days he will be required to ejaculate for you three, four, or even more times in one day. While other days he may not be allowed to do it at all. Since it is up to you, do what you like. He will love you all the more for it. He wants you to be in control, and he wants you to enjoy your power over him.

Tease and denial has no set rules. It has no required forms of teasing. It has no requirement for the amount of time you put into it. In other words, you can do as much or as little you like. There are many forms of teasing, but only one form of denial. Denial is denial (period). So let's look at what teasing should mean to you.

You have probably been led to believe that you must spend a minimum amount of time each week (or each day) physically teasing (fondling, licking, sucking, etc.) your partner in order to meet his requirements. You have

also been told what to do, how to stroke him, etc. Now what have I been telling you? NO! You don't!

There are many things you can employ to sexually tease your partner. There are verbal methods, physical methods, and even psychological methods. Even these methods are extremely flexible and you don't have to use all three. What you have to do, if you are going to use tease and denial, is find as many ways of turning your partner on as you can. The more ways you have at your disposal, the easier it will be.

Don't let your partner pressure you into any certain thing. If talking during sex is difficult for you, I will teach you how to do it without all that pressure. You may feel self-conscious about talking "dirty" during sex. But there are things that you can talk about without feeling self-conscious. I will teach you to use those things so that you can be relaxed when you are physically teasing him. So for now, just relax, there will be no pressure from me, or from him, once you understand the basic concepts.

Rest assured, if you can't tell him a fantasy of his choice because you are too timid, or self-conscious to do it, I will teach you how to make him form his own fantasy from things that you can say. For example, he might want to hear a fantasy about two women teasing him at once. But you may be too timid to say those things out loud or too self-conscious to relate such a story to him. But I'll bet you would have no trouble telling him that have been thinking about bringing in a girlfriend to help you. It is all a matter of perspective when you get right down to it. So

relax. This will be easy. I promise.

Knowing Your Prey

Obviously, knowing what turns your partner on is important. After all, how are you going to get him all worked up if you have no idea what he likes, sexually speaking? So how can you say you really know him if you don't know his fantasies? His fantasies are the single most important aspect of his sexual world. The problem is, he keeps them a secret.

So, what do you know about his fantasies? If you think you know your partner, think again. Chances are, he has fantasies that you know nothing about. He isn't keeping things from you, you just never bothered to dig into his psyche to find out what really gets his motor running. If he is interested in male chastity, do you know what his chastity fantasies are? If you don't, you need to find out.

Your partner's fantasies are the quickest route to his libido. His libido is that part of his brain that gets him turned on. But if you haven't been digging into his psyche to find out exactly what makes him really excited, you need to. For one thing, he may be too embarrassed to tell you those fantasies. Think about it, have you told him what really gets you all hot and bothered? Have you told him that fantasy you have had for years where Mel Gibson ravishes you? Probably not. So what makes you think you know all of his deep, dark fantasies?

Communication is an important part of getting to know your partner, and letting him know all about you. But it is very rare that people, no matter how close they are, will tell anyone their deepest fantasies. So you are going to have to make him tell you. There are a number of ways you can do this. The easiest, and probably the quickest way to find out what gets him moving is to have him give you some Internet links to stories that really turn him on.

Let's face it, you now hold the keys to his sexual release, so why not use them to find out about his fantasies? You can have him write them out, or tell them to you while you are teasing him physically. Have him email them to you if he is too embarrassed to say them out loud. You don't really need all the details. What you need is a brief outline or story-line as it is called. You need just enough information to know the subject and any details he finds important.

You don't ever have to tell him a fantasy! There are numerous ways to use his fantasies to tease him and I will give you examples of these methods in the following chapters. You can physically tease him, mentally tease him, and even visually tease him using his fantasies as the basis of your teasing. You can use his fantasies to help get (and keep) him aroused. And that is the whole purpose of teasing.

So use whatever methods you have available to you to find out what he fantasizes about. That will give you the basic information you need to get the ball rolling. Later, I will tell you how you can get him to create all new

A KeyHolder's Handbook

fantasies that feature you as the center of those fantasies.

ORGASM CONTROL

*"You lost another hand of poker. That means
you owe me three months in chastity.
Would you like to go for double or nothing?"*

Just what is orgasm control play? It is a form of psychological teasing. You put his penis in a cage of some sort, and then tell him things that will get him aroused and maybe a little scared. It should make him wonder what he has gotten himself into. It is a game of who will give in first. Will he be able to convince you to allow him an orgasm? Will you keep him locked up much longer than he was hoping? Or will you give in and feel sorry for him and grant him an orgasm?

If you are not planning to do any physical teasing, how can you keep him aroused? How do you make sure that he is enjoying his penile captivity? You have to access his

psyche. You need to get into his mind and fill it with erotic thoughts, fearful thoughts, things that will make him want that orgasm more and more with each passing day.

Fantasies are the key. You can use the fantasies he already has, which is a good place to start, or you can plant some your own fantasies in his mind. The fact that he has no idea when you will let him out of his chastity cage, is one fantasy you can play with right off the bat. You just locked up his genitals so that he can no longer masturbate, or even touch himself in an erotic manner. And... He has no idea how long you intend to keep him that way.

How To Use Fantasy

There are all sorts of things that can be used to create fantasies for him. The easiest is through the things you tell him. If you have been reading the little quotes at the beginning of each chapter, then you have already seen how it is done. Tell him something that will make him wonder what you really have in mind. Don't give him details. Don't answer his questions about it. Simply drop a hint now and then about his release date. Will it be this weekend? Maybe next week? Or maybe, just maybe, he won't be released from his cage for months. Dangling this bit of information over his head without giving him a specific date can drive him up the wall.

Tell him you are trying to convince your closest friend to

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come over sometime and see your handiwork. To view his genitals all locked up in that tiny cage. That will instill a bit of fear in him. He probably won't want his private parts shown to someone else, at least not while he is wearing a chastity device.

If that doesn't do it, expand on it. Maybe you are thinking of inviting a group of friends to see his penis all locked up. Maybe his boss is among those you have invited. Maybe an ex-girlfriend of his. Tell him you haven't figured out when you want to let him out. You can't decide between this month, or next month, or even next year.

Use the Internet

If you are no good at head-games, then try more erotic fantasies. Or a more direct approach. The Internet, which is most likely where he came up with this whole chastity thing anyway, is an excellent resource for teasing him without touching him. Have him find you some stories that he likes. He can email you the links to his favorite ones. Send him to an adult video website where he can watch erotic scenes to his heart's content. Even just viewing erotic photos will do the trick.

The objective is to let him do whatever he can to get himself aroused. This is especially effective if the chastity device you put on him has some sort of erection deterrent. I am talking about little spikes that are often optional when you purchase a chastity device. They don't

bother him under normal circumstances, but if he gets aroused, the swelling of his penis will cause the spikes to dig into his flesh. They won't actually harm him, but they will be painful. Spikes can be a good method of teasing him.

Fantasies, erotic literature, porn and your own words are all excellent ways of teasing him without having to remove his chastity device. I call them non-physical methods of teasing. Whispering something sexy in his ear or sending him an erotic text message or photo on his phone are some other methods. Use that with which you are most comfortable. No matter how you want to do it, be sure you do it every day and as often as you can each day.

The whole point of locking him up and teasing him is to keep him aroused and wanting an orgasm. The more you do, the more effective it will be. Try to vary your methods. Maybe have him watch videos one day and send him texts the next day. Or mix it up even more than that.

If you need some ideas on of things you can say to him that will give him that little bit of fear, whether fear of being humiliated, or fear of never getting out of his cage. Try doing a search on your favorite search engine for "Chastity Captioned Photos." These are an excellent source of things to say to him that will help to keep him aroused.

How To Talk Dirty

Georgia Ivey Green

This is one area in which many women seem to have trouble. They just can't seem to bring themselves to talk "dirty" to their partner, even in the bedroom. I won't go into the many reasons this might occur, but suffice it to say, it is a bigger problem than many people think.

I hear from so many women that they are just not comfortable talking during sex. I don't know if that is really the problem or if it is more that they feel pressured and don't want to talk because they might not say what their partner wants to hear. They don't want to be told later that they could have done better by saying this or that. They don't want to be critiqued. I understand that. No one wants to have to "perform" for their partner, especially in an area they are not comfortable with in the first place.

Let's look at one example of talking that can cause these feelings and then we will discuss a better way of handling it. Suppose your partner says that he wants you to talk about his fantasies (or a certain fantasy) that you feel uncomfortable talking about. That is, he wants you to tell him his fantasy. I can see where that would be intimidating. So how do you handle it?

You want to please him, don't you? WRONG! You want to TEASE him. You want him to please you. So, instead of telling him a fantasy, tell him you are planning to make his fantasy come true. Don't tell him the fantasy, either make him tell it to you, or describe how you are going to make it come true. You don't really have to turn it into reality, but it will be much easier to talk about it if you

approach it from a different direction. Tell him his fantasy by describing how you are going to make it a reality.

Let's face it, you are probably not a good story teller. Not in the sense that you can tell him a detailed story (his fantasy) to him in a way that will turn him on. Maybe you are not comfortable using the language he likes to hear. Maybe you are not good at making up stories on the spot. Okay, don't! Try this, stand in front of a mirror and try to tell yourself his fantasy. It is not easy, is it? Now, instead of telling yourself his fantasy, tell yourself what you would do if you were to make the fantasy come true.

Here is an example, you might say, "I think I am going to have a dinner party with a few of my closest friends." You might even name a few of them. Then you might say, "I will dress you up as a French maid, and make you serve dinner. I might even tell them about your chastity device." You can go into as much detail as you like. What are the guests going to do to him? Is he going to be put on display, maybe even bound for their amusement? You decide what you want to say. Let him, and his imagination, fill in the blanks.

Now, would that be as difficult as relating his own fantasy to him? Of course not. And the best part is, you are teasing him verbally and mentally at the same time. It will be a whole lot more erotic for the both of you, than reciting his fantasy ever would. You don't ever need to have that dinner party. It was just a fantasy. But it was a great deal easier than trying to turn him on by trying to

sound erotic while making up a story.

You can, of course, use this method to relate any of his (or your) fantasies. Simply make the fantasy personal and possible. Whether you are talking about bi-sexual activities, or simply paddling him in some dungeon, the picture in his mind will be real. He will feel the anticipation, the possible humiliation, and there will always be the thought that you might follow through one day. Well, you might, for all he knows. And that is all you need do to keep him on his toes. The thought that what you tell him might not be just a fantasy will keep him thinking about it for days. If he thinks you may actually do one or more of the things you tell him about, the more fun this will be for the both of you.

Now, what about making some of these fantasies become reality? That's another nice thing about being in charge. If you want to paddle him like you told him in that fantasy, you can. If you never want to see him perform fellatio on another man, you won't have to. But, on the other hand, if you do, you can. You might be surprised just what he will do with the right incentives.

My husband, for example, could not handle it if I were to tie him to a chair (with or without his chastity cage), and then have sex with another man (or two), while forcing him to watch. I know this. I would never do it, because I know the emotional pain he would endure would be too much for him. But... That does not prevent me from telling him that I just might do that, some day. It arouses him, and that is my only goal.

So you see, you can use these fantasies to turn him on without putting yourself through the pressure of having to tell him a fantasy. Believe it or not, I was never one for talking during sex. When I was a slave I hated it when my husband (then Master) would order me to tell him a fantasy. I was no good at coming up with a story, let alone the details required to make it sexually exciting. So I usually failed miserably. But when I learned this little secret, and put it into use, I became the best story teller he ever met. That's because I don't think of them as stories, or fantasies. I think of them as something that I can do, if I want, and that is easy to talk about. I don't even have to use "foul" language that I am not comfortable using.

So don't let yourself fall into that trap. Don't try to tell him any fantasies. Simply tell him things that you could do to him, whether you really would or not, and you will find it so much easier to talk during sex. Have fun with it. Tell him things you would really like to do. Don't ever tell him that you wouldn't do them for real. He needs to think you would. It will be much more of a turn on for him if he thinks you might actually follow through with the things you have told him. The truth is, you might. At least for those things that you would enjoy doing. There is always a way.

Service Play

What is "Service Play?" Put simply, that is making him do all those household chores you hate doing, or waiting on you hand and foot, or giving you a nice foot or body

massage after a long hard day of teasing.

You have your partner's genitals locked up in a cage of some sort. He can't have an orgasm, or even masturbate without your permission. So use it to your advantage. There is no rule in male chastity that says you can not have him do some of those chores you hate doing. So make him do them. You don't have to be mean about it. You don't have to shout at him to get them done. All you have to do is ask him nicely to cook dinner, wash the dishes, take out the garbage, massage your feet, or anything else you would like him to do for you.

But he won't do those things for me. He never has before. He thinks those things are "woman's work" and refuses to do them. Really? He wants you to tease him and give him an orgasm and you think he won't do those things to get it? Try him. You might be surprised what he will do for thirty minutes of physical teasing or the promise of an orgasm. You can even give him that orgasm you promised, just don't mention that you planned to ruin it all along.

You could have him fetch you a drink from the refrigerator, or watch the TV show you want to watch, maybe even kneel at your feet and massage them while you watch it. (Pick a long one!) Anything you want, he can be convinced to do. And with everything I have taught you so far, I am sure you can figure out a way to get your partner to do just about anything you want him to do, if you put your mind to it.

You may find that you don't even have to promise him a thing. Many men love being submissive to the right woman. He married you. That makes you the right woman. You put his genitals in a cage. That makes you the right woman. You control when, if, and how he has his next orgasm. That makes you the right woman. SO get it through your head... You are the right woman!

So don't be shy, ask him to do things for you and see how it goes. I'll bet he will be happy to do them. Now, are you still not controlling what he wears while waiting on you? Try having him wear a pair of panties, or maybe naked. Many men, especially submissive men, love to feel that they are being "forced" to do things. This is what they mean when they tell you to "mean" to them. So don't feel guilty about "making" him do something for you. Even if that something is being naked for an hour or two every evening.

In summation, remember that this is a game. How you play can make a difference. If you don't want to tie him to the bed and physically fondle his penis and testicles for an hour, it doesn't mean that you have to feel guilty about anything you ask him to do. He wants to play this game. The fact that he doesn't know what you might ask of him next is part of the game. It can make him

feel aroused and happy when you pay him any attention
at all. So do it.

PHYSICAL TEASING

*"You decide. Thirty smacks with my
riding crop for a ruined orgasm,
or six more months in chastity for
a full one. What's it gonna be?"*

Physical teasing is the art of creating a tremendous amount of arousal in your partner to the point of orgasm without allowing the orgasm itself. That is, getting your guy as hot as you can for as long as he can stand it and still deny his orgasm. We call that "edging" because you want to bring your partner to the edge of orgasm and, yet, not allow him to complete it.

This is the part of tease and denial that many women feel is a "chore." Please don't look at it that way. It is not a chore. It is the most fun you can have with your

chaste male. I have broken this chapter into two basic parts;

- 1) Teasing with a chastity device in place.
- 2) Teasing him with his chastity device removed.

The important thing to remember is that he is not permitted to have an orgasm unless you want him to. Remember, also, no matter how much he begs you to let him cum, you should not allow it unless you have planned for it, or you think he deserves it. Just because it has been a long time since his last orgasm is NOT a good reason to give him one now. He wants you to make him go for long periods without an orgasm, so don't let him down.

I know one woman who would invariably break down, or give in, when her husband had gone for more than a week without an orgasm. He would begin to beg for one every time she would tease him and a week seemed like a long time to her. Eventually, her husband complained that he was getting too many orgasms. Imagine that. I have to agree with him. Once a week is too often. I advised the woman to make him go for at least a month before his next orgasm, but to continue teasing him two to four times a week as she had been doing. After she made him wait for six weeks, she admitted that he was much happier and more helpful around the house, than he had ever been before.

Frequent orgasms are not what he wants. He wants you to be "mean" to him. What he means by that is he wants you to deny his orgasm for a long time while still

continuing to tease him relentlessly. You don't have to understand it, just realize that it is a fact. A fact that you must learn to live with. What makes teasing so much fun is that you eventually come to realize what tremendous power you hold. The power to make him squirm, to writhe, to beg you for what you know you are going to deny him. Get into it. Enjoy it. It is really what he wants.

It is hoped that getting aroused while wearing his chastity device will cause your partner a little pain. At least some discomfort. If it doesn't, you might want to look into one of two things to correct the situation. Some chastity devices can be fitted with some sort of device, we will call them "spikes" for lack of a better term. These spikes are designed to cause a certain amount of pain when the penis fills with blood (in an attempt to get hard). You often have a choice of sizes for the spikes.

If you have a device such as this, you should start out with the smallest (shortest) spikes available. If that causes him to feel pain, then stop there. If not, try a larger set of spikes. Find the ones that don't cause excruciating pain, but cause only a slight pain or a "pinching" sensation. Once you have found the right set of spikes, you should be able to tease him for a long time without him crying for relief.

Some cages fit snug enough that they alone will cause the right amount of pain and no spikes are necessary. If you purchase a custom cage somewhere, make sure that it fits snugly enough that you don't need the spikes. If the cage is too large, get a smaller one.

Most of the teases we will cover in this chapter are best performed with your partner restrained in some way. You can use a little rope to bind him to the bed, a chair, a door, or to hooks in the ceiling. It doesn't really matter how or where he is bound, the important thing is that he not be able to move enough to prevent you from doing what you want to do to him. We will cover other types of unrestrained teasing in later chapters.

Teasing With his Cage On:

As I mentioned above, all the methods of teasing him while his chastity device is in place will also work with it removed. So we will cover those first. This is by no means a complete, or all encompassing, list. I am sure, if you put your imagination to work, you can come up with many more methods not mentioned here.

Oral Sex: This is oral sex for you. That is, putting it crudely, he will be licking your private parts instead of you licking his. You can do this with or without restraints. He can get between your legs as you recline on the bed or in your favorite chair. The object is for you to receive pleasure. Why not? Isn't that what much of this should be about? There is nothing in the handbook that says you can't derive as much pleasure from his chastity as you want. I know, I wrote the handbook. So relax. This is the easy part.

Have him lick you dry after a shower, or bath. Have him give you a full body massage complete with “mouth to vaginal resuscitation,” as I like to call it. After all, just because he wants you to deny his orgasms, doesn't mean you have to deny yours as well. Have as many as you like. In fact, this is your chance to have more than you are used to.

Of course, oral sex includes things like, licking and sucking on his nipples, or licking his penis through the cage (if you so desire), and you can do it without causing an orgasm (hopefully). You can lick his toes, or have him lick and suck on yours. Nibbling is allowed, if you like that sort of thing. Even biting.

Fondling: Yes, simple fondling of body parts is very erotic. You can run your hands, or fingers, or even your fingernails over any part of his body you like. Experiment with it. Find out which spots turn him on the most, which turn him off, and best of all, which are really, really ticklish. Some people enjoy being tickled while others absolutely hate it. You can discover which category your partner falls into and exploit it whenever the desire arises. Test different amounts of pressure. Dig your nails in and see what reaction you get. Run your fingertips over his nipples, or pinch them. How hard do you have to pinch before he really cries out in pain. Everyone's pain tolerance is different. Find his. Any pain within his level of tolerance can be erotic.

Pin-wheels and Other Pricks: There is a device on the market that has been used for years by the medical profession called the Wartenberg Wheel. Some simply call it a pin-wheel. It is a wheel with a handle attached. The wheel itself has very sharp spines all around it. Rolling this across various parts of his body, using varying pressure, can also be very erotic. Don't use too much pressure. The spines are VERY sharp and can easily draw blood.

You can use toothpicks, kabob skewers, pins and even needles to poke and prick your partner's skin. I prefer the kabob skewers because they are not so sharp that they cause pain, but rather a tickling kind of stimulation. I like to use it to poke the fleshier parts of a man's body, as well as his genitals, in a random pattern. I don't use so much pressure as to cause pain, though you can if you like. I poke gently. Gentle pokes can be very erotic to a man who is restrained to a bed and blindfolded. If you have him doing chores while naked, carrying a kabob skewer around to keep him busy can be fun. Poke him on the bottom to make him speed up or pay closer attention to what he is doing. You should try it, it is a lot of fun.

Clips & Clamps: I put clothespins on my list of things you should have. However, you can purchase many different types of clips as well as several styles of clamps. Clips are spring-loaded while clamps usually screw down

in most cases. Some clamps have a slide that is used to tighten or loosen them. Basically, these can be used anywhere you can put them where they will stay in place. The advantage of clamps over clips is that you control the amount of pressure applied. Clips, on the other hand, are subject to the amount of tension applied by the spring. Some are fairly weak and can be left on for a good while, but you must be careful, they can cause damage to the tissue if left in place too long. I have seen a pair of alligator clips that have a screw to adjust the tension. These work quite well when properly adjusted.

Use clips and/or clamps on just about any place that has enough skin to get hold of. Nipples, though harder to use on men than women, are still a good place to put them. The scrotum is also an easy place to attach clips or clamps. What most people don't realize is that the bottom, the tushy, the butt, is also a great place to attach a few clips or clamps. You can put clips or clamps on the the inner thighs as well. The tongue, if you want your guy to stop talking so much, is a good place for them. Try the toes or the nose, too. Stay away from the eyes. Besides, it's very difficult to get a clip to stay on an eyeball! Too slippery!

Feathers & Such: I talked about tickling before, but this is different. You can use a feather to very sensuously stroke any part of your partners anatomy. Since the object is sexual arousal, I suggest staying away from tickling except when you are in an especially playful mood or your

partner is one of those who gets really turned on being tickled. Don't carry it too far so as to make your partner angry. That would defeat the whole purpose. I have found that ostrich feathers work exceptionally well for this. They are very light and may require more pressure to actually be felt.

Use the feather in a sensuous way. If you don't have a feather, you can use a piece of an angora sweater, or a very soft paint or makeup brush. The goal is to turn him on and get him to attempt to make you press harder with the feather or brush. If he strains to reach it, you are doing it right.

Good Vibrations: Vibrators! I love a good vibrator, especially when I am teasing and tormenting my husband. You can use just about any vibrator you have. It doesn't matter if it is a large corded vibrator or one of those tiny egg types. Anything that vibrates will work. Place it against his cage. It may make a lot of noise, but he will feel it all over his penis and probably his scrotum as well. You can use it to relax his muscles, or tense up his groin. Both will be very effective.

Have him use it on you to relax your muscles or to give you a few orgasms. Use it to give yourself an orgasm while he watches (oops, that's visual). Oh well, whatever you want to do with it will work. Try placing a vibrator against his anus. This is a very sensual spot for most men (women too). And speaking of the anus...

Anal Fun: You should have a an anal plug or two in your toy bag. Put plenty of lubrication on one and gently push it into his bottom. Once in place, touch the end still sticking out of his bottom with the vibrator. How's that for stimulation? You can use dildos of various sizes as well as plugs. You can milk his prostate (I'll get into that later) or send him to the store with a plug in place. Make him do the housework with one. You can even use your finger instead of a dildo. I wear rubber gloves whenever I do that to keep my fingernails from causing problems. In fact, I suggest using a condom on anything that enters your partner's anus. Putting a dildo in his mouth does not require a condom as long as the dildo is clean. Yes, you can make him suck on the realistic dildo you bought for your toy bag. It makes a nice practice device to go along with that bi-sexual fantasy you told about. And while we are talking about things that go into his anus...

Strap-on Some Fun: You should always have a good strap-on dildo harness in your toy bag. Many men get a strong, submissive feeling, that of being controlled, when a woman uses a strap-on dildo on them. You can enter the anus (with lots of lubrication, of course), or you can have him simulate a little bi-sexual activity when he sucks on it. This may not be something that you ever thought about doing, but believe me when I tell you, I have spoken with more than one woman who admitted that after having tried it, they really liked it. It can give you a feeling of power. That, in turn, can make talking to him

erotically, taking control in other areas of your relationship, and basically feeling more in charge, much easier to accomplish. Many men really enjoy anal play of this nature. The anus, being a point in the body with lots and lots of nerve endings, is a natural erogenous zone. So it only makes sense that grabbing him by his hips and (gently) thrusting yourself, with an artificial penis, into him would feel good to the both of you.

That is just a sampling of the things you can do with his chastity cage in place. Now let's see how to tease him without it...

Dicking Around:

This is where I highly recommend that you restrain your partner because you are going to remove his chastity device. He should not be allowed to touch himself at any time. Therefore, his hands, at least, must be restrained. As a good KeyHolder, it wouldn't be proper if you were to allow him to masturbate or pleasure himself at all, without your permission. Therefore, keep him bound. At least his hands. And remember, all the things we talked about above can be done with is chastity device removed.

Your Pleasure: Of course, your pleasure comes first. If you are going to want him to enter you at any time (other than when you want him to have an orgasm) you should coat his penis with some kind of numbing, or

desensitizing, cream. There are a number of products on the market made especially for this purpose. Some are better than others. I have heard of women using Ora-Jel(R), but I am not sure I want to recommend it. I do, however, highly recommend a product called "Boy Butter" numbing cream. You can obtain it from many on-line adult toy stores and even in some brick and mortar stores. Whatever you use, the objective is to prevent his penis from feeling just about anything. That way, you can "ride" him as long as you like without fear of an ejaculation on his part.

The proper method of application is to coat the penis with the numbing cream and give it a few minutes to work. Usually five minutes is long enough. Once it has had a chance to do its job, you can wipe it off using a clean, dry cloth. A washcloth works well. If you use a condom, you won't need to wipe it off. In fact, leaving it on will have a more lasting effect. But if you want to feel his penis inside you without the condom, it is best to wipe it down good before climbing on board. You don't want your parts to go numb, too.

In most cases, keeping him hard during sexual intercourse won't be a problem. If you follow a few simple rules. If you are naked (or at least topless) he will be visually stimulated (unless he is blindfolded). If you put a blindfold on him, it may be necessary to talk to him while you are having intercourse. Of course, you can't talk about the weather, or your personal finances, or even how good the stock market is doing. You have to talk

about something erotic. If you have a problem doing that, pay close attention to some of the later chapters. I will tell you the easy way to talk to him.

This is also the time that you can have him perform oral sex. It may be difficult with his hands bound unless you are willing to sit on him. Whatever you choose to do, be sure you take care of your needs. You can always wait until you are done teasing him and have him put his cage back in place, before you get our own pleasure. But, personally, I prefer to get my pleasure first and then take care of teasing him. He will, if you have properly denied him, still be in the mood for it.

The Light Touch: Just as the name implies, you can begin by touching his penis very lightly. Get it hard using your words, your voice, or by stroking his penis or any part of his body, for that matter. Your hands are the single most sensuous part of your body to a restrained man. You can stroke his inner thighs, his chest, his hair, or, of course, his penis. Using very light strokes, you can run your fingertips up and down along the underside of his penis which should begin to drive him wild with desire. Be sure to vary where you touch him. Many men have sensitive nipples, so that's a good place to touch. His ears and neck may also be sensitive to your gentle stroking or heavy breathing. Never spend too much time touching his penis, no matter what you are doing. You don't want to have any accidental ejaculations.

Touch & Go: You can touch his penis, stroke it, put it in your mouth, but whatever you do, don't spend so much time doing it that he ejaculates. Try giving his penis three or four slow, gentle strokes then let go. Wait for a few seconds, five to ten should do it (but you may have to wait longer to prevent an orgasm), then repeat the stoking. One tip: The feel of a glove of some type (leather, rubber, dish washing, or surgical) is very different from the way your bare hand feels. You might want to remember that and change it up from time to time. Also, lubrication for anything but cloth or leather gloves is a great help.

You can also give his penis fast, firm strokes, too. You can either switch off between fast and firm and slow, gentle strokes. Never more than three or four at a time and always give him time to rest between them. You can do this kind of thing for hours if you have the stamina. The point is, using this method, you will have him begging for an orgasm in a very short time. It's

called "edging" and it can drive him crazy. It is very effective.

Talk, Talk, Talk: One important aspect of any tease and denial session (or just teasing in general) is what you say. You need to talk. Though I will cover more about talking and what you should and shouldn't say later, I cannot

emphasize it enough. His libido can be directly accessed through your words. Keep your mind on what you are trying to accomplish and don't go off on a ti-raïd about what happened at the grocery store or at work that day. There is nothing less erotic than hearing about some lady creating a mess in aisle three.

Talk about his fantasies. You don't have to recite one for him, just tell him that you are thinking of doing such and such to him sometime. Who knows, maybe you will. I'll shut up about it now and wait until we get to the next chapter.

Audio & Visual Aids

*"Bless your little heart.
Did you really think I was going to
let you out of your chastity cage
just because it's Christmas?"*

You remember high school, don't you? The teacher was always using audio and visual aids to help get the point of the lesson across. If you are like me, none of it really sank in, but I do still remember some of the movies I saw in class. They made more of an impression than anything the teacher had to say. Well, if audio and video worked for them, why not use it to make your life easier and your partner's member harder?

If you will recall, in the beginning I told you that your job, as a KeyHolder, was to keep your victim aroused as much as you can. That is, he should be thinking about sex (with

you) practically all the time. Whether he ever gets it is another thing altogether. What was it I said you need to do in order to achieve that goal? Oh, yeah, TEASE HIM!

There are so many different things you can do to get, and keep, your partner aroused that I could never list them all. But I have broken them down by groups, times, and places so that you can easily use this handbook as your guide. Pick and choose what you want to use and then go and do it. Make a list of things you want to try and then change your list at least once a week, adding or changing things just enough to keep him off balance. You never want him to get bored or used to seeing and hearing the same things over and over day in and week out.

You have to keep it fresh. So in order to help you do that, I am going to be talking about the many, many ways you have at your disposal to accomplish your goal. Whether you intend to keep your guy in chastity for a week, a month, six months, or even a year at a time, you will not be an effective KeyHolder unless you vary the erotic stimuli with which you bombard him each and every day.

His Mind's Eye: Things he sees in his head. If what he sees is erotic to him, then use it. That means, if he wants you wearing a skin-tight cat-suit, then do it. Okay, you say you don't have the body for it? Then blindfold him and give him the body you want him to see. Describe what you want him to think of. Tell him you are wearing that cat-suit he said he liked when he saw it in a magazine or

on-line. Remember, when he sees with his mind, he sees what he wants, or what you tell him to see. Don't be shy, he can't see you. He can only see what you tell him is in front of him. Of course, you should feel like the person you are describing, so get into it. If you want him to think of you as sexy, then talk sexy. Use a soft or velvety voice. You know the one. You used it when

you wanted him to do something for you when you first got together.

Erotic Videos: Do you get jealous when he watches a porn video on the Internet? DON'T! In fact, have him watch a video at your request. Have him bring up his favorite porn movie and then make him watch it. You don't have to be there. Go do something important like... Read this book again. With his chastity cage in place, any arousal will be uncomfortable, but enjoyable to him.

In the same vein, send him to the Internet to find some erotic stories. Reading them will stimulate him and achieve your goal of getting him aroused. Have him send you links to the ones he likes best. Who knows, you might even enjoy them. At the very least, you

might learn a few tricks even I have not thought of. It happens.

Internet Teases: There are several Internet sites that

have what are called “Web Teases” for men (mostly). These teases range from sites that just have several erotic photos of a woman along with some erotic text to go with them, to others that require the person to do more than just look and read. Many of them are designed for the person to actually perform erotic activities in order to complete the tease. I am quite sure that most men who visit these sites don't actually perform the acts called for in the tease. However, you are now in the picture. You can remove his cage and make him perform the activities. Better yet, bind his hands and use yours instead instead of his. If he is required to stroke his penis for so many minutes or a certain number of strokes, you do it for him. If he is required to insert a plug into his anus, you can either do it for him, or watch as he does it himself. I love using web teases because there is a huge humiliation aspect to making him perform in front an audience. Even if that audience is only one – you!

Sexting: You know, that thing our kids do all the time? Yeah, sending erotic photos to your partner's phone. You can do that all day long! Along with any erotic text messages you can think of, photos add a certain amount of realism to your message. Of course, they don't have to be photos of yourself. You might not want his fellow workers looking over his shoulder and seeing you laying there naked in front of your fireplace. But I think you get the idea. There are plenty of erotic photos on the Internet from which you can choose. Remember, his penis is

trapped in that tiny cage. Getting him aroused at work makes life a little uncomfortable for him in more ways than one. Try it sometime. Maybe send photos one day with no explanation, and then send naughty text messages the next day. Mix it up. Keep him guessing.

Blog Him: Did you know that you can set up your own blog and make it so private that only you and whoever you want, can see it? Blogger(R) makes that easy and so do many other blogs you can set up for free. You don't need your own web site. Companies like Google, WordPress, Blog.com, Weebly, and others will let you set up your own blog at no charge. You can make it private, for members only. Why am I telling you this? Because you can use this as a way to communicate with your chastity partner. Even if you live together in the same house, and have for years, you can increase your erotic communication with a blog. You can post photos (even nude ones) of your partner or yourself for his enjoyment. You can send each other messages by making posts to each other. A private blog may not seem like much, but there are so many things you can use it for, that you will wonder why you didn't get one before.

Home Visuals: I know that I recommend your partner wear a blindfold when you play with him, but there are a few exceptions to that. For example, when you want him to see that new strap-on dildo that you bought just for

him. Or when he needs to see that you are carrying a riding crop just before you use it on his exposed backside. Sometimes it is a good idea to let him see certain things for the shock value or because it will give him a little erotic boost before the real fun begins. If you intend to wear something sexy for him, then of course, you want him to see it at least once before you cover his eyes. If you are lounging in the bathtub waiting for him to wash your body, you don't want his eyes covered. Besides, he might trip and fall. As you well know, 25% of all accidents in the home occur in the bathroom. (I might have just made that up, I'm not really sure.) Speaking of wearing sexy outfits, you can always dress (if not publicly, but in private) to tease him. Get some shorter skirts, or shorter shorts. How about a see-thru blouse or two? Maybe forget to put on your underwear, but make sure to tell him you are not wearing any. Surely you can at least find a couple of outfits that you can wear around the house just for him.

Visual Humility: I should have said, "humiliation." If you have not made a list of chores for your chastity boy to perform, either daily or weekly, you need to do that. What is the point of having his genitals all locked up if you don't reap the benefits? He should not only do these chores without complaint, he should do them in the nude, or, perhaps, wearing a pair of woman's panties, or a maid's outfit. This is a perfect chance to, not only get

some work done (so you don't have to), but add a little humiliation along with it. I don't know how many times a man in chastity has told me that he was just not into cross dressing only to recant after I made him dress up for me. Just because your partner says he isn't into some aspect of sexual activity, it doesn't mean that he won't like it once he has been ordered, by the woman of his dreams, to do it. Yes, YOU are the woman of his dreams. If you aren't, then you have NOT been practicing what I have been teaching you.

Audio Arousal: Now let's talk about talking. Things you whisper in your man's ear can do as much to heighten his state of arousal as the dress you wear. If you want to keep him aroused, there are literally thousands of things you can say to him that will get his motor running. You can use text messages as well. Or call him and leave a voice mail. Use your sexiest, softest voice to tell him what you want him to do to you when he gets home from work (or when you do). He will think about that for hours and definitely during his commute home.

Here is a little tip for you women. I know how it is, you drop hints all the time, but they just never seem to get the message. WE LIKE ROMANCE! So make him a list of things he can do that will make you feel like he cares about you. Romantic things. Do you like getting balloon bouquets while you are at work? Would you prefer to have flowers delivered or would you prefer that he deliver them himself. Want to be invited out to the movies? Or

maybe dinner? How about both? Whatever it is that you like, put it on the list. Even if it is just a full body massage every night. Then it is on him to do something romantic every week or risk losing an opportunity to have nice orgasm. As a KeyHolder, you hold so much power over him when it comes to his sexual release, it is not even funny.

I know this sounds a great deal like a female led relationship, but it really doesn't have to be. You may have only agreed to "hold the keys" to his chastity device, but with that comes immense power. Let's step back for a moment and discuss what it really means to be a KeyHolder.

The question you should ask yourself is, "What does he really want?" Unless you are really lucky, he won't tell you. Not because he is embarrassed, or feels humiliated, or because he thinks you should know. The reason is, he doesn't know himself. But I do. And I will be happy to explain it to you.

Most men who want their wives to be their KeyHolder, don't want what they "pretend" to want. Okay, let's look at some of the captioned chastity photos out there. They explain it very well. He wants you to tease him so that he will beg you for an orgasm. He wants you to deny him an orgasm, or at least ruin or stifle any orgasms you allow him to have. He wants you to be "mean" to him. That translates into two things. 1) Deny him an orgasm until you think he really can't take it any more; and 2) he wants you to make him do things that will humiliate him. I

know how stupid that sounds, but it is the truth. He doesn't want to have orgasms, but he wants you to control when he can.

Let's face it, he could deny himself an orgasm any time, and for as long as he wants. But that doesn't give him the thrill of hearing his favorite woman tell him, "No!" He wants you to hold his orgasms for ransom. That is, make him do embarrassing things in order to gain your favor so you will dangle an orgasm (like the proverbial carrot) in front of him. He doesn't want to never ejaculate again. He just wants you to pretend like that is a possibility.

Here is an example of something he might do. He might act like he doesn't want to perform fellatio on another man, but deep down inside, he may really want you to make it happen, or at least make him think it might happen. On the other hand, he may hint and hint that you should bring in another man and make him watch while you and this "bull" have wild sex together. The truth may be that he could not handle it and he really just wants you to taunt him with the possibility. But then, again, who knows, maybe he secretly wants that. Men are hard to read when it comes to certain activities. You have to watch their reactions to things very carefully. And if all else fails, have a serious talk with him about it.

Don't believe me? Try this little experiment. Ask him if he would enjoy dressing up as woman. If he says, "No," then send him to a boutique and have him purchase a pair of panties just for himself. If he does it, he secretly wants you to make him wear them. Putting him a dress is just

few short steps away. Granted, cross dressing is a fairly common fantasy that men have. So he may just love the idea. If he does, then you have some really great ways of humiliating him in the near future.

Cuckolding is a much more rare desire in men. But they may actually love the thought of it. If you want to know if this is the case with your partner, simply tell him that you have been thinking about it and would like to try it. If he doesn't tell you that he would divorce you for it, pretend that you have plans to actually do it. You can keep it as a "living fantasy" if you like, without ever actually doing it. There are many such fantasies with which you can do this. Keep the fantasy alive by repeating it enough times and he will begin to believe you are really going to follow through with it (even if you have no intention of doing so).

Let's look at one other situation you may run into. At dinner one night, you quietly mention that you have been thinking of cuckolding him. If he reacts by heartily agreeing that he thinks that would be wonderful, yet you feel that you could NEVER do such a thing. Make it a fantasy. Go out with your girlfriends one night but tell him a great story of how you went to some motel with a guy you met last month. If he seems to enjoy that, keep doing it. You don't have to have sex with another man, but he won't know. You can tease him with it.

I know of one woman who carried the fantasy so far that

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she actually bought one of those life-like baby dolls. She made her husband take care of it as if it was real. He had to change it's diapers, feed it, carry it everywhere he went. She had gone so far as to buy a black baby even though the couple was white. She had her husband believing that she intended for her "lover" to get her pregnant and he was going to have to take care of the baby. The fact is, this woman never had a lover. She did not cuckold him. She was not planning to get pregnant. But her husband, who loved the idea of being a cuckold, was happy with the the mere thought of it. I don't know how it all turned out, but I am sure she eventually told him what she had been doing. But it just goes to show that you can make your husband believe whatever you want if you are willing do what it takes to please him.

Don't do anything that you are not be comfortable doing. There are enough ideas right here in this handbook to keep him busy. Pushing his limits is something that you should focus on. In other words, start him off doing the housework while naked. Later add a pair of panties. After a few weeks, or months of that, add a frilly apron or even a whole maids outfit. You can progress like that with any of the humiliations that you put him through. Take it only as far as you want. Keep it fun. The moment it is no longer fun for either one of you, then stop, or cut back on it.

Bearing in mind that your partner wants you to control his orgasms, and that what he really wants is for you to

make them few and far between, some women find it easier to play games of chance in order to determine if and when her partner actually gets an orgasm. Since I went into some detail in How To Set Up An FLR I won't go into details here. But if you want to offer your partner some "Hope" you can play a game. Just be sure the odds are against him. He will appreciate it.

Web Teasing

*"Okay. You enjoy masturbating so much,
do it for me. Do it now! Come on.
I'll give you a whole minute to ejaculate. Go!"*

We have talked about using the Internet (the Web) to some extent, but did you know there are many ways in which to utilize the Internet to tease your partner? Well, I want to tell you about some of the more interesting ones, now.

The easiest way to use the Internet is to assign your partner tasks. I do this with many of the men for whom I hold keys long distance. First of all, you have to realize that as long as he is wearing a chastity device, whether it is a simple penis cage or a full blown chastity belt with all the bells and whistles, he can not masturbate. He can, however, get aroused. And that is what your goal should

be, to keep him aroused as much of the time as possible.

Bearing that in mind, you need to do a little research. Some of the research can actually be assigned to your partner while some you will be doing yourself. You need to locate some of the adult video websites. There are a number of them out there and a search, using your favorite search engine will bring up a number from which to choose. Most of these websites list their videos with a viewer rating and the length of each video. Many of them are free to use.

Your research is has two purposes: 1) To find some adult video websites that you and your partner can use and; 2) To discover what kinds of things can be used to arouse your partner. In order to accomplish this second part you need to assign tasks. These tasks could be that he watch a specific video to see if, or how much, he is turned on by the subject matter. Or you can assign the task of having your partner find some videos that he likes.

I strongly suggest that you use the websites own search function to locate videos of a specific type. It may be "ruined orgasms" or "tease & denial" or anything that you can think of that might fill your needs. For example, let us suppose you want to see how your partner would react to forced bi-sexuality. You would look for a number of videos, at least five minutes in length, for your partner to watch. Then you tell him to send you an email explaining how the video effected him. Was he turned on by what he saw? Did he get physically aroused? Was it because of the people in the video or because of the

subject matter? These are questions you need answered.

You can use the information to determine a good course of action in your tease and denial sessions. That is, do you want to use it to help turn him on during a tease session or maybe to guide his own fantasies in that particular direction? If so, you might say things like, "How would you like it if I made you do something like that guy in the video was forced to do?" His answer, whether positive or not, can give you an idea or two about how to tease him with it.

Maybe you have him watch a ten minute video about a man being teased while dressed as a woman. If it aroused your partner sufficiently, you can say things to him such as, "I would love to dress you up like that guy and tease you the way his Mistress did." Or maybe you would say, "I have been thinking about dressing you up like a woman and take you out to dinner." Just your comments alone, can be very arousing to him. It all depends on what aspect of the video turned him on. By assigning him specific videos (or a specific subject) to watch, you can learn so much about what turns him on and what you can use as a humiliation, either verbal or physical.

I have actually had men tell me that they didn't like watching a bunch of men having orgasms in a video. Yet, after watching a 60 minute video of nothing but that, they report back that they were aroused during the entire video because they, themselves, could not do what they were watching. Sometimes a certain video's subject matter may not arouse him. That is, until you order him to watch it

and report on it. Just the mere fact that you made him watch it, could be enough to make it exciting.

Remember, you don't have to actually do the things in the videos. That is to say, just because he was aroused by forced bi-sexual activity, by no means requires you to engage in such activities. What you want to do is find ways of teasing him using the information you gather from this research. Using this information you can say things during a tease session (especially when he is blindfolded) that will arouse him more than just your touch.

If, for example, he was turned on by watching two women teasing a man at the same time, you can say things such as, "I'll bet you would love it if I brought so-and-so over to help me tease you." Or you might say, "I have been thinking, wouldn't it be fun if I found another Mistress to help me do all this teasing?" Depending on the subject matter of the video, or whatever it was that turned him on, you should be able to find something to arouse him during your sessions.

Talking about what gets him excited in this manner will fill his mind with fantasies. And that is your goal. You can allude to any of his fantasies in this manner at any time, day or night, and he will become at least a little bit aroused, depending upon what else is going on at the time, and how much detail you go into. If he is at work, in a meeting, or having lunch with his boss, a text message will be slightly embarrassing, even though no one but him sees it.

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It is worth the time and effort to investigate some videos yourself and see what you can find out about his inner most secret desires. Assign him the task of watching one or two videos a week and report back to you about how they made him feel. You can gain a wealth of information, as well as ammunition, to use in humiliating him.

Now what about those websites that have web teases? This is where it gets really fun. Most of the web teases fall into one of two categories. The first is what I call the "Visual" arousal type. These teases feature a series of photos of a woman (or several different women) along with some text that is designed to get him aroused. They do not involve any type of actual activity. They are simply designed to get a guy turned on. They are similar to the captioned photos I mentioned earlier.

You can use these teases in much the same way you use the videos mentioned above. You assign him the task of reviewing a specific tease simply to give him something to do when you want to be left alone. You kill two birds with one stone. You get time to yourself while he is off viewing sexy pictures of women and reading a bit of arousing text to go with them, and he gets teased since (hopefully) he is safely locked away in his chastity device.

If he is away on a business trip, or just has a little free time at home, you can assign him one of these teases just to keep his mind on sex, his chastity, and to make him just a bit uncomfortable, physically speaking. You can use it any time that you are apart, or just want time to

yourself, or as a prelude to more personal teasing.

The other type of web tease is much more complex. Not only are there photos of sexy woman (most nude or semi-nude) but there are activities assigned by the tease as well. With each new photo, he will be assigned a task. It may be to stroke his penis for a set length of time, a certain number of strokes, or until he is near ejaculation. It may be that he had to use a plug in his anus, or clips on his nipples until the tease tells him to remove them. The point is, he is supposed to perform whatever action the tease calls for.

These teases can be used in three different ways. The first is to assign him a tease to do when he will be alone. That is, while you are out buying groceries, or getting your hair done, or just having lunch with the girls. He may not be able to actually do many of the activities, of course, unless you remove his chastity device first.

The second way to use this type of web tease is to monitor him while he does it. You want to learn how to tease your guy, here is one of the best ways I have ever found! It can be very humiliating as well as a great deal of fun for the both of you. If you tell him to perform a particular web tease, you can sit back and watch as he performs all the tasks the girl on the screen assigns him. Or you can read the tease to him without letting him see the photos. Either way will be quite humiliating for him because he will be doing everything to himself. You will simply be reading the instructions and making sure he does them correctly. Trust me, he will love it!

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The third, and final, way to use a web tease is a great method for teaching yourself how to tease your guy. What you do is simply read the instructions on each page to yourself. It is best done with your partner blindfolded so that he can't see what you are doing. Then, if he is supposed to stroke his penis for two minutes, you do it for him. You insert any plugs that need inserting, and you talk to him using the same words in the text.

By doing a web tease in this manner, you can learn what kinds of things you need to say to him while teasing him and you can learn all kinds of neat little tricks to use when physically teasing him yourself. By reading the text, you will learn what kinds of things to say to any man to get him aroused. Of course, you may have to skip (or change) some of the text because he can't see you (or the photo) and some things would just sound silly. For example, if the text says, "There, now you can see my breasts. You like them don't you?" The photo that goes with that text obviously shows the woman's breasts. However, he can't see yours because he is blindfolded. So you would change it to something like this, "I'll bet you would just love to see my breasts right now. Wouldn't you? Can't you just picture them right here in front of you?" And that would be just as arousing to him as if he could actually see your breasts.

If you are at all interested in creating a little humiliation, then web teases are a great way to go. If you are nervous about what to say while you are teasing his body, then web teases can teach you a lot. If you are looking for

something to try that you haven't done before, again, web teases can be very enlightening.

Before you try out a web tease like those on line, I strongly suggest that you review several of them for yourself, so that you will know exactly what is called for. You will want to select ones that have particular appeal to you or to your partner. There are several websites that have teases that you can use at home. Some even have built-in timers so that if you are having him perform them himself, or you are monitoring him, you won't have to worry about getting a stopwatch or setting a kitchen timer or anything like that.

I have had hours upon hours of fun monitoring men while they perform some of these web teases. I like to help in some cases where the tease calls for something like paddling himself. I either do it for him or make him paddle himself to my satisfaction. If you have never tried one of these web teases, I highly recommend that you at least take a look at a few to see what I am talking about. Once you try a few, you will want to do more of them.

I have my own web tease website with only a few teases. You can find the web address at the end of this book. But there are several other sites on the Internet that you can find with a simple search of the key words "web tease" in your favorite search engine. I cannot urge you enough. I am a strong believer in the power of these web teases to teach you things you never thought of doing before. Whether you want to watch him perform them for you, or want to be the person giving the orders, you can learn

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so much from them that it is like having your own
mentor right in your own home. Try one and you will see
what I mean.

Psychological Teasing

*"I have wracked my brain,
but I just can't find a reason to ever
let you out of that chastity belt."*

Psychological, or mental, teasing is one of the strongest methods of teasing you have at your disposal. The statement at the top of this page is just one example of how you can use your words to tease and torment your partner. As I have tried so hard to convince you, teasing is fun. The more you do it, the fun it will be because you will discover what really works on your partner and what doesn't.

Done right, statements like the one above can not only arouse, but terrify your partner. That may sound cruel, but that fact is, it will, in actuality, thrill him even more. Men want to be tormented about things like how long

they will have to go before they get relief, and if they will actually get to have a full orgasm or not.

One of the best weapons in your arsenal is fear. I don't mean that you have to literally terrify him, just give him possibilities of things that could happen. Letting him know who is in charge, you and you alone, can instill just the right amount of fear. But he has to believe it. Statements such as, "This is what you wanted, so now you are going to have to live with the consequences," can quickly establish that you are in charge, which is what he said he wanted. And it can instill just the right amount of fear.

Knowing his fantasies is another way to get into his head, so to speak, when you can't do anything physical. If he has a fantasy that includes him being dressed up as a maid, use it. You can tell him that you have been planning on making him dress up in women's clothing, but that isn't going to get deep enough into his fantasy. What you need to say is, "I have been thinking about dressing you up and taking you out to dinner." Something that pushes his fantasy beyond what he expects from you.

He might have fantasies about you bringing in another man to have a little three-way sex. Even if you flatly refuse to ever include another person in your private (sexual) activities, you can still use his fantasies to psychologically thrill him. For example, you might tell him sometime, that you were thinking of having one of his co-workers join you for a really exciting sexual encounter. Then mention that you have always wanted to

see him perform oral sex on another man. That last part was never a part of his fantasy, and he is now afraid you will try to make that happen.

Not all psychological teasing has to be the type that would frighten him. In fact, most of the time, you will want to tease him with things that he knows might really happen. For example, you might tell him, in a text message, that you are laying on the bed masturbating and you can't wait for him to get home. I will bet he would pass on that drink with his buddies after work that night. How hard would it be to stop for a moment in the produce aisle of the grocery store to send him a text message? Something to turn him on. Maybe tell him how interesting the cucumbers look. Or how they remind you of him. It doesn't have to be much, just a few words to let him know that you are in the mood, even if you're not.

Of course, not everything is about him. So send him erotic messages about you and what you want. You might say something like, "I am going to need a massage tonight. And there might just be a reward in it for you, if you do a good job." Of course, you can leave off that last part if you want. Let him wonder if his efforts will be rewarded or not. Sometimes his reward is being able to please you. And that may be all the reward he needs.

This is a good time to incorporate his fantasies, if you know what they are. If you don't, plant some!

That is, put a thought in his head and he will create his own fantasy from that. For example, you might tell him

that you are thinking of bringing your best friend over to help you tease his penis. If you leave it at that, he will certainly develop his own fantasies concerning a second woman. It doesn't matter whether you actually plan on adding someone else or not, planting the thought in his mind will start his fantasy gears turning. You might even ask him to create a fantasy involving two women for you so that he can tell it to you later.

Remember, it doesn't matter what the fantasy is about, he will develop one in his head and every time you mention it again, that fantasy will pop into his head and he will get aroused. The more detail you create for him the more he will think it might eventually happen. His fantasies, no matter who put them in his head, are a major driving force behind his erections, his arousal.

Of course, adding another woman is not the only fantasy you can plant in his brain. Just about anything that you could think of will work. You might suggest that you plan to dress him up as a woman and take him out for dinner. Cross-dressing is one of the more common fantasies men have. In fact, I have suggested doing that to more than one man who thought cross-dressing was something he would never do. Before long, he begins to become aroused by the thought, even though he claimed it didn't excite him. The truth is, it didn't excite him until I made it exciting. Simply by planting the possibility of cross-dressing in his head, I caused him to start becoming aroused by the idea.

Another area you can probe with fantasies is bi-sexuality.

Suggest that you might bring another man into the picture. Do that a few times and you will see. He will begin to fantasize about it. Before long, his fantasies will include doing things he used to think were repugnant.

Which brings up something else I haven't specifically addressed, yet. Men love the thought of being "forced" to do things they would not otherwise do. Of course, you can't really make them do anything they don't want to do. Here is the catch, they want to be controlled. That means, they want you to "make" or "force" them to do things. They can't tell you this because it destroys the cathartic feeling they get from it. If they have to tell you what to do to them, they may as well just do it by themselves.

They need you to tell them what to do. They want you to take charge of them (sexually at least) and to insist that they do those things that they would not normally do. It could be something as simple as washing the dishes after dinner. I don't care if you have a dishwasher or not, make him do them by hand. He will love you for it. In fact, it is what he lives for. It's not that you are forcing him to do anything, it's that he feels obligated to obey you. Therefore, telling him to do something is tantamount to forcing it upon him.

If your partner asked you to take charge, to put him in a chastity device, then you are one step ahead of the game. The men who have to be talked into wearing a chastity device have to learn how much fun it can be for them.

Guys who ask to be locked up, already have an idea of how much fun they can have. But you have to be in charge.

You can't go around asking them to do things for you. You need to adopt a special attitude when dealing with them. Instead of saying, "Honey, Would you do the dishes for me tonight?" You might say, "Honey, do the dishes for me tonight." You say it firmly, not as if you are a drill sergeant, but as though you expect to be obeyed. Some women have difficulty understanding the concept, but if you keep at it, you will soon understand. You can even throw in a "please" and "thank you" now and then, just as long as you make sure they do what you tell them to do.

What if they don't do it? Simple, you have to reinforce your position. You have a number of choices of how to handle them not doing what you ask. To me, it depends on how your partner handles the request (order?). Let's say he ignores you. Doesn't do the dishes, but doesn't say anything about it, either. You could simply wait until he asks you for something, and then ask if he has washed the dishes. When he says, "No," then you tell him that when he has done what you asked him to do he may come back and ask you for something again. Or just give him a look that says all that. You know the one.

With some men, you may actually have to break out the paddle. You may not have to use it, but getting it out and letting him see it, may be enough incentive for him to comply. If it isn't, you can use the paddle on him,

explaining why you are doing it, and that you still expect him to wash the dishes when you are done. But, if you actually have to use the paddle too often, the problem may be that he likes it too much. In that case, use the paddle for fun and find another way to punish him. You can always deny him the sexual teasing he craves. After all, isn't that what this is all about, teasing and denying him?

In an extreme case, you can tell him that either he obeys you or you can remove his chastity device and go back to the way things used to be. I'll bet he will start obeying you after that.

Part of this type of fantasy play may very well include a little humiliation. For example, you might try denigrating his equipment. Say something like, "Your penis is too small to satisfy a real women." You can do this any time. It is often best to try this while you are physically teasing him. Later, you can ask him how that made him feel and if he liked you saying things like that. Some men love it, other's will find it too humiliating and hate it. Once you know if he likes it or not, then you can proceed accordingly.

Slapping is another form of humiliation that some men enjoy. I would suggest discussing it with him first, however. You don't want to start a physical fight simply to test how he feels about it. Humiliation and humiliating fantasies can both be used as mental, or psychological,

teasing. Fantasies that involve him wearing women's clothing, as I have mentioned, bi-sexual activity, and cuckolding, are all common methods of psychological teasing. Discovering which ones will turn him on the most is all a part of the game. Remember, this is a game you are playing. Call it role play if you like. In fact, many women find it much easier to play the role of a "Mistress" than to actually think of themselves as one.

If you are going to be physically teasing him and you have blindfolded him, he will form the picture in his mind that you give him. If you "act" the part of a mistress, he will see you as that. If you act the part of some hooker showing him a good time, he will see you as that. You can be a cruel Mistress, or a very sweet, loving Mistress. You can even change from one to the other in the middle of a session if you want. It is all up to you and what you feel like doing at the time.

That brings me to another subject I like to call "Faux Reality." His reality is what you make it. While he is blindfolded, you can be anyone or anything you want. You can create a fake (faux) reality for him while you tease him. Of course, all this is supposed to increase his arousal, and it will. When he cannot see you, you can be anyone you like. I can't emphasize that enough. You have no reason to feel embarrassed or shy when he is blind. After all, it is what his mind sees that you are after. So try to get into whatever role you have decided to play. I guarantee he will be more than happy to play along.

You can be a farmer's daughter having sex in the barn. Or

a cowgirl, making love on the open range. You might be a princess, having a forbidden fling with the knight (or stable boy) of her choice. You can always be the Mistress he is afraid of, or in love with, or both. The important thing is to make it real for him. And just because you are teasing him doesn't mean you can't do it by making him please you.

I don't know how many times women have complained to me that they get tired of physically teasing their man. But when I ask them if they have him give them oral sex or even a back massage as a means of teasing, they say, "No." Why not? If he has to touch you, or do something sexual to you, especially when he is all locked up, he will derive pleasure without the possibility of orgasm. Isn't that teasing? It's the very crux of tease and denial. Even if he only watches you masturbate, he will become very aroused. So if you are getting bored or tired of physically teasing him, then it's time you changed your modus operandi.

Whether you are apart, or together you can mentally tease your partner. If he is at work, running errands, or at home with you, there are things you can say or do that will tease his mind and taunt him in ways that he never expected. The chaste male needs to be teased, one way or another, as much as you possibly can. The more teasing he gets, the more he will enjoy his chastity. If you enjoy denying him orgasms, then you, too, will derive as much pleasure from teasing him as he does from it.

Discipline & Rewards

*"Oh my! You didn't say anything
about keeping the key. I lost
it several weeks ago."*

As much as we may all hate it, there are times when your partner is going to need some serious discipline, or even punishment, for something he has, or hasn't done. By the same token, there will be times when he deserves a reward and we don't want to overlook those times either. In the world of chastity, and especially tease and denial, the lines between reward and punishment often get blurred. The problem is that, quite often, what we might do to someone as a punishment might actually be perceived as a reward, and vice-versa. This makes it very important that we, as KeyHolders, make sure that everything we do in the realm of reward and punishment is perceived in the correct way.

If you don't make it clear that the spanking you are about to give your partner is meant to be a punishment, he may actually enjoy being spanked. It might actually arouse him. The fact that you have taken the initiative to show him who is boss, might be enough of a turn on to get him excited to the point that the spanking itself becomes enjoyable. By the same token, a reward, perhaps an orgasm, might be perceived as a punishment because, although he seems to want it, that is precisely why he enjoys chastity. Failure to properly limit his orgasms, can cause him to think that you just don't care anymore. For example, you might think that threatening to leave him in chastity permanently would be the ultimate threat. The truth is, that would back fire on you. The ultimate threat would be to hand him his keys and tell him you are done. No more chastity. He can do what he wants with the key. Chances are, he worked very hard to get you to lock him up and play the game in the first place. Threatening to end it all and stop playing is the worst thing you could do.

So, now that you understand the dilemma, it is up to you to learn enough about your partner and what gets him aroused, to know what will work as an effective punishment, and what will serve nicely as a reward. Throughout the following descriptions of punishments and rewards, bear in mind, while a hand spanking might be a reward, a severe paddling will not.

Psychological Punishment: I was tempted to call this section "Non-Corporal," but there are many physical punishments other than corporal, so I broadened my description to include other forms of punishment. In this section I will describe some methods of punishment that you may find useful. This is by no means a complete list and I encourage you to experiment and find other ways of punishing your partner that will prove effect for him.

Scolding: You can scold some guys until you are blue in the face and never accomplish a thing. If you are going to use a good tongue-lashing as a means of punishment, you **MUST** make him think you are legitimately angry with him. If you chuckle, snicker, or even smile while dressing him down, he will not believe it and he will perceive it as a reward. Whenever you want him to know you are truly upset about something he has done, you need to do it when you are truly angry. Don't wait until later. Do it now. Otherwise, you may only succeed in getting him more aroused. That will encourage him to repeat whatever it was that invoked your reaction. Don't let him feel like it is a part of the game.

The best way to handle a scolding is to find a neutral place, such as the living room, the kitchen, or the dining room. Anywhere but the bedroom. The bedroom is a place for play. Don't undress him or do this while he is naked. He should be fully dressed and so should you. You want nothing to remind him of the game.

Address him with respect. Be direct. Be angry if you want, just don't yell. Tell him what he did, or didn't do, that has earned him a scolding. Don't let him speak except to explain himself, and only then if you want him to. Tell him how much he upset you by what he did. Tell him that if he wants you to continue being his KeyHolder, whatever he did must stop.

Now, if you feel that the scolding was enough to make your point. Then dismiss him. If not, explain to him what other punishment you feel is appropriate and that you expect him to take his punishment without complaint. You will be surprised how well that works. Since you made it clear to him that you were not happy with his behavior and that he will be risking the entire chastity game if he does it again, if he enjoys the punishment you have planned for him, that's okay. Believe me, when done properly, a good scolding is far more effective than anything else you could do.

Writing: We so seldom use pen and paper in these days of text messaging, cloud computing, and email, that we forget what a chore it is to write things out in longhand. But what a wonderful way to punish a chastity boy when he disobeys. If I only had a wall of chalkboard. I remember kids having to write what they promise never to do again when the teacher caught them doing something they shouldn't. But writing lines is still an excellent method of discipline. Even if you don't mind him using the computer to write you an email explaining

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exactly what he did wrong, why it was wrong, and why he will never do it again, writing still works.

Of course, making your partner sit down at a desk (or table) and hand write, one-hundred times, "I will never play with myself again." can be very rewarding. Yes, writing lines is an effective punishment or discipline. Just don't let him write repetitive lines on his computer. I mean what with the old copy and paste buttons, what fun would that be except to make one finger very tired? Hand written lines are much more painful and they drive home the fact that they are being punished for their behavior. If he complains of writer's cramp, remind him why he is writing those lines.

If he has offended someone else, a friend, a relative, whomever, a handwritten apology letter to the offended person would be an excellent way of punishing your partner. As his KeyHolder, it is your duty to make sure that he does exactly what you order him to do. If he refuses to write an apology letter, then you have other means at your disposal to encourage him to comply with your "request."

Corners: How many times, as a child, were you told to go stand in the corner? Maybe none. But you should try it. Believe me, it is not fun. Because of that fact, it makes an excellent means of punishment (or discipline). You can make your guy stand facing the wall, or a corner, while you scold him for refusing to drop his pants in front of

your best friend (for example) or simply for failing to sweep the floor as ordered. You can make him stand there all by himself, as long as you are there enough to ensure he does not leave his post.

You can make him stand barefooted (or naked) if you like. If that's not enough, you can drop a few grains of rice on the floor and make him stand on those. Better yet, make him kneel on them. Put a penny on the wall make him hold it there with his nose. If he drops it, he must start his time again.

Doing nothing, even if tied to a chair and forced to sit in the corner like Dennis the Menace for an hour, is something no one likes to do. So make him do it. If he is naked, he will enjoy it more, unless, of course, you invite the neighbors over to witness his shame.

Chastity: I know, he is already locked up in chastity. But what if you add time to it? Or maybe take time off of it? One or the other will be a punishment. I don't normally try to use his time in chastity as a means of punishment unless it is part of the game. That is, if I truly want to punish him for something, I will not lengthen or shorten his time in chastity. However, if I am playing with him, that is wanting to tease him about something or for something, I may threaten to change the date of his eventual release. But, if changing the time he has left in chastity works for you (and on him) then, by all means, go right ahead and use it.

No Teasing: I know that I often refer to having someone else witness your partner in chastity, or join you in teasing sessions, or something else of that nature. There is a reason. It may not be something you really want to do, and you don't have to, but talking about doing something like that, can be a great way to tease him. I just thought that deserved a little explanation.

As a form of punishment or discipline, no teasing of any kind works very well. You can even remove his cage and tell him that you are not going to play the game if he can't behave himself. When he begs you not to do that, you can leave the cage in place with the understanding that he will not repeat the offense.

You can refrain from giving him any form of physical or verbal teasing for a time. That means, no touching, no talking about things that might turn him on, and definitely no sex for you. If he were to tend to your sexual needs, he would definitely become aroused. That would defeat the purpose of withholding your teasing of him. So be careful when using the withdrawal of teasing as a punishment.

I have found that if you are going to withdraw teasing, it is best to keep it short. One or two days (maybe three) work well. But any longer than that and you are liable to be punishing yourself as well. And that just won't do.

Physical Punishment: The following punishments can be used whenever you want to inflict a little pain. You can control the amount of pain so that you can make the punishment fit the crime, so to speak. I have separated spanking and paddling because I feel they are two separate things. Spanking is normally done with the hand and is much more often considered a reward than using a paddle.

Physical punishments are often used as rewards and are often used during teasing sessions. I know how contradictory that may sound, but if you sit down and have a long, serious talk with your partner, you may find that I am telling the truth. I strongly suggest that you do just that. It may help you when it comes time to administer a real punishment.

Spanking: Your hand will feel every single blow to his bottom if you spank him. That is why I don't think most people spank nearly as hard as they might paddle. Bearing that in mind, there are ways to make your spanking more enjoyable. If you bend him over your knee (called an OTK spanking) both of you may get more enjoyment out of it than if you strap him to the bed face down and do it that way.

Smacking his bottom when you are out in public is another way to make spanking pleasurable for the both of you. It is called "erotic play" when you do it that way. Even if you have him bound facing a door or wall, a little

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smack or two on the bottom can add to his arousal. So be aware, unless you follow it with some really stern words, he will just think you are playing with him.

Paddling: Using a wooden paddle of some sort can be a little more severe and, therefore, be more effective as a punishment. I recommend starting with the back of a hairbrush. You probably already have one that will work just fine. All it needs is a relatively flat back to be effective. Again, over the knee is the best way to administer a hairbrush paddling. It is almost a spanking unless you do it really hard.

My favorite paddle, believe it or not, is a wooden stir stick made for stirring the paint in a five gallon bucket. You can get them at your favorite paint store, hardware store, or even variety stores have them. If you actually buy a bucket of paint or two, they will most likely give you one. If not, you may have to pay a couple of dollars for one, but it is well worth it. They are not the most sturdy paddle you can use, but I have never actually broken one. You can soak it in varnish to give it a nice shine and strengthen it. Or you can simply paint it.

Whatever you choose to use, the paddle can be kept out as a reminder of what happens if he disobeys, or you can make him fetch it from its storage place when you think you might need it. It makes a very nice deterrent to any misbehavior that he might be contemplating.

Heavy wooden or metal paddles are often too heavy to swing properly, unless you use two hands. But they are very effective as deterrents when hung in plain sight with the threat that it will be used if he gets out of line. I have one such paddle hanging in my closet where only my husband can see it. I have never used it, but it is there and he is very careful not to make me angry enough to use it. When he is being a bit difficult, I will have him fetch it for me. That is usually enough to make him behave.

Clips & Clamps: Another implement that can be used for teasing, pleasure, and punishment. If you have clothespins, you can put them anywhere that you can pinch enough skin to get them on. I like the nipples, the cheeks of his butt, and, of course, his scrotum. You can put them up and down the underside of his penis as well, if you like.

If used during play, and only left in place for a few minutes, they make wonderful rewards while you are teasing him. If you leave them on for ten minutes or more, they become implements of punishment, especially when you remove them. Remember the section on standing him in the corner? Complete that punishment with a pair of clothespins on his nipples and you may find him much more obedient.

CBT: CBT, or “Cock and Ball Torture” is another way to play and punish. You can do quite a lot to his genitals

without causing harm to them. You can also do too much very easily. The key to CBT is “not too tight, and not very long.” As long as you don't make anything too tight, such that it will cut off circulation, you can play with CBT for quite awhile. It can be rewarding for the guy who enjoys it, and there are many.

We have already mentioned the use of clothespins on his private parts. Now add some twine or a round boot lace, and you have the makings of a fun afternoon of CBT. You can tie a weight to one end of a bootlace and the other around his scrotum just below where it attaches to his body. This will stretch his scrotum (and balls) downward. The heavier the weight the more it will stretch his scrotum. But be careful, there are limits. Most people start with only a few ounces.

You can use the bootlaces to wrap around his his scrotum until the skin over his balls is stretched very tight. You can wrap his penis as well. You can use a combination of clothespins and twine. There are dozens of things you can do. Use your imagination. I am sure you can come up with a few things of your own. Here's a tip; You have heard of putting whipped cream on his genitals (or on your own body) and licking it off, but have you thought of using your favorite dessert? I love using banana cream pie, or even a Boston cream pie (more of a cake really). It is more tasty and more fun than simple whipped cream. And don't get me started on frozen strawberries!

Masturbation: Yes, masturbation can be used as a punishment as well as a reward. It is all in how you do it. You can let him masturbate to orgasm, or not. You can make him do it in front of you while you kibitz him or just sit quietly and watch. You could video record him doing it and threaten to send copies to his friends or post it on the Internet. You can make it fun by letting him use his favorite lotion for lubrication, or not so fun by adding a few coffee grounds to it. You can make him stop several times, when he gets close to ejaculating. Or do it again, and again, and again.

You can do it for him (using your hand) but refuse to allow him to ejaculate. Or you can ruin his orgasm by stopping just in time. You can make him drink his own ejaculate. That's something many women do as a sign of their control. You can even masturbate yourself while he is forced to watch, but not touch.

There are many many ways to use masturbation as a punishment or a reward. If you have promised him an orgasm, but he did something to make you wish you hadn't, you can make him masturbate instead of getting to feel your hands on his genitals. Whether it is a pleasure or a discipline, masturbation can be used to give him what he deserves.

Rewards: So what rewards can you use? I think we pretty well covered that in this chapter already. Of course there are other rewards you can give him for his excellent

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behavior. You can let him watch his favorite TV show. You can let him give you as many orgasms as you would like. You could let him lick your boots clean, or you could have him stand in front of an open window for twenty minutes.

Rewards, like punishments, are only rewards if they arouse him or please him in some way. So whatever you do to tease or arouse him will work as a reward. It is all in how you do it.

Humiliation Teasing

*"You said you would do anything for me.
Didn't you? Well, Bob is coming over
and I want you to give him a blow-job."*

There are so many ways to tease a chastity boy using humiliation, I don't know where to begin. I suppose I should begin by telling you exactly what kinds of things are considered to be humiliation, and how can you use them in the chastity game.

Let me start out with a warning. Humiliation can be dangerous psychologically! You have to know your partner and what kinds of things would be "over the top" in humiliation for him. That is, what works and what would be too much. Suppose your partner has a small penis and you say something like, "with that tiny thing, how can you ever please a woman?" If he is extremely

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sensitive about his size, you can make things worse. It would not be fun for him, and he might begin to resent you for it.

Now, if he is secure with the size of penis and you say the same thing, he might just love it. The only way to truly know is to ask him. There are other forms of humiliation that you can use that will be just as effective. For example, if you send him to a lingerie store or boutique to purchase a pair of panties for himself, he will be humiliated, but chances are you will not do any psychological damage. See the difference?

Almost everything you say can be some form of verbal humiliation. If your guy can handle verbal humiliation you have no trouble finding things to say that will humiliate him. But, as I said before, you must be careful not to damage his ego. So keep that in mind when using any form of verbal humiliation and you should be fine. Below are some examples of things you can say to him, some more humbling than others.

The other types of humiliation are what I call “physical” humiliation because it requires that one or both of you actually do something. As in sending him to the store, wearing a butt-plug, or wearing panties to work. All these things require some physical action, even if you only threaten that action. The fun part about using humiliation when other people are around is that what you say doesn't have to be true. For example, you might say, “Is that plug in your bottom bothering you?” even when he is not wearing a butt-plug. After all, he isn't about to show a

perfect stranger his bottom to prove it, now is he? If he does bother to deny wearing a plug, all you have to say is, "Honey, I put it there myself." There will be no reason to deny it at that point.

At home: These are the kinds of things you might say to your partner in the privacy of your own home, or any other time you are by yourselves, in order to embarrass or humiliate him. I am sure you can think of some other things to say as well.

Is that the best you can do? Scrub that floor, again.

If your tongue were any shorter I would just use the vibrator.

I think a Prince Albert would look nice on your little penis.

You look so cute in those pink panties.

A good chastity slave would have those chores done by now.

We need a penis pump for this thing.

Will that thing even reach the end of this cage?

Oh, I think we are going to need a smaller cage for that thing.

Your bottom looks so spankable!

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Is that all the cum you have?

It would take you a year to fill a shot glass.

With Friends: Here are some things to say when you are among certain friends whom you don't mind knowing you have your partner locked in a chastity device, or that you are in charge.

Do you all know that [his name] is wearing a chastity device?

Honey, show them the new panties you just bought.

Oh, [his name] is wearing crotchless panties right now.

We finally found a way to stop [his name] from masturbating. Didn't we, Honey?

Do you want me to paddle you again when we get home?

Am I going to have to make your bottom sore again when we get home?

Honey? Get that inflatable doll of yours. I want to show them your new girlfriend.

Have I shown you the photos of [his name] wearing his new panties?

Honey? Did you wear your pink panties like I told you?

Out and About: The list below contains some things you

can say that will embarrass him wherever you are. Use them when your friends are not around if you don't think they would understand. The fun part is in saying things that are not true. After all, he can't deny them once you have put them out there. It's kind of like the old trap, "Have you stopped beating your wife?" There is no way to answer that without admitting you, at least, used to beat her.

You would look good in these. [Holding up a pair of panties in a store.]

Is there somewhere he can try this on? [Holding up a dress for the clerk to see.]

Do you carry anything in his size? [Said in a ladies shoe store.]

Is that butt-plug comfortable, Dear? [While sitting in restaurant]

Is your chastity device pinching you? [Said anywhere someone might overhear you.]

I told you to wear the pink panties. You know they don't ride up like the blue ones.

Is your bottom still sore from that spanking I gave you?

I'll need you to fetch my paddle as soon as we get home.

Bi-sex & Cuckolding: This is a slightly different area of humiliation. I am not going into the actual acts

themselves, only what you can say or do at certain times in order to add to his humiliation or tease him about these things, even if you don't do them. Again, I want to warn you to use caution in these areas. If you don't actually cuckold him, he might begin to think you do if you are not careful. So please make sure that he is able to handle some of these things BEFORE you try using them.

You've got the perfect mouth for fellatio. Several guys have told me that.

I have been thinking of asking one of your buddies to come over and stick it to you, do you have any preference as to who it should be?

Isn't that the guy you had sex with last week? [Said loud enough for others to hear.]

Look at that guy, how would you like to suck him off?

Why don't you ask that guy if he would like to have sex with me while you watch?

I am thinking about cuckolding you. Maybe with that guy.

Do you think your boss would like to have sex with me? I have seen the way he looks at me.

If you want me to give you a blow-job, you better learn how to give one.

You like it when I use a strap-on, why would a real man be any different?

Unless you offer to give that guy a blow-job, I won't let you out of your cage any time soon.

I was talking to a guy at a bar last night and he said if I would have sex with him, he would let you watch.

You know, I could cuckold you without your knowledge, or permission.

In another chapter we covered some of the humiliating things you can say or have him do when you are home alone together. So I won't bore you by repeating them here. But what I want you to take away from this chapter is that there are many ways to humiliate your partner and have a little harmless fun. Of course, you probably wouldn't want say any of those things in front his boss, but there are still plenty of places and situations in which you can take the opportunity to say a thing or two to let him know you still care. Yes, humiliation can be fun for you both. Don't overlook the chance to use it.

Don't forget to find out what your partner likes and doesn't like in the way of humiliation. Particularly about personal aspects of his being, like penis size. It is very important that you not step over the line when teasing him verbally. You never want to damage him psychologically.

It is even a good idea to know what his fantasies are about. You can use them in humiliating him as well. After all, no one wants their deepest, darkest fantasies made public. Even in your play, you need to know if paddling him hard is what he wants, or if he can't handle that much

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pain. Again, you want to keep things within his boundaries as well as your own.

Working together, you can find a very happy medium in which to play the game. So have fun with it and don't over do it.

Anal Play & Milking

I don't know what it is about anal play that men like so much, but many of them seem to really enjoy it. I guess it is one of those things that you either love it or you hate it. But since so many men seem to love it, I felt it necessary to include it in this book.

Anal play includes such activities as running your finger lightly across his anus to using a strap-on dildo to perform anal intercourse with him. The key to doing anal play correctly is lubrication. You will need to have plenty of lubrication handy whenever you intend to stick anything into his anus, even your finger.

There are thousands of tiny nerve endings surrounding his anus. This makes it very sensitive to both pain and pleasure. The objective, of course, is pleasure. That means using lots and lots of lubrication! Some folks say, "You can't have too much lubrication" when dealing with the anus. I agree. When you think you have enough, double

it. That's the general rule.

For play, especially when leaving his chastity device in place, anal play is a great alternative to his penis. Since his penis will have far less accessibility, especially with certain devices. Start small. Use your finger (gloved of course) or a small butt-plug. As time goes by you can use larger and larger items such as realistic, penis-shaped dildos and larger plugs.

Eventually, you will want to use a strap-on dildo and harness. There are a number of reasons for this. One, it gives him more of a submissive feeling. And the role-reversal can be very exciting for the both of you. If you haven't tried it, you should. It can be a wonderful experience for the both of you.

I don't recommend experimenting with objects other than those designed for anal use. Emergency room technicians always have stories about folks who used things like light bulbs, or candles, or even small rodents. Believe me when I tell you, you don't want that kind of embarrassment. Although the ER techs would love to have more stories to tell, you don't want to end up as one of them. So stick to things you can purchase that are intended for anal use.

You can strap your guy down to the bed, on his back, and raise his legs up high to gain access to his anus. Or you can put him on his hands (or elbows) and knees if you like. When his penis is not caged, I prefer him on his back, giving me better access to both his anus and his penis at the same time. On his knees, though, has one

other advantage, he cannot see what you are doing, nor the device you intend on inserting. That can give him more of a feeling of submission. So there are advantages to both positions. Of course, you can also bend him over the edge of a table or the back of a chair. It is tantamount to putting him on his knees except that you have more flexibility as to location, kitchen, dinning room, living room, etc. You get the picture.

Milking:

Exactly what is milking, anyway? Milking is the process of draining all of a man's semen from his body. There are two basic methods for doing this. The first, called "ruined orgasm" milking, is done by giving him three or four ruined orgasms in one session. Yes, you can do that. Trust me when I tell you that he will not lose interest in sex when he has a ruined orgasm. In fact, he will feel very let down if you stop teasing him after his first ruined orgasm. There is no reason why you can't continue teasing his penis until you get one, two, or even three more ruined orgasms from him. Usually, by the third one, you will have drained most, if not all, of his semen. Even if given a full orgasm at this point he will have little to no semen to ejaculate.

The second, and most humiliating method of extracting his semen is called "prostate milking." Just inside his anal opening, there is a walnut sized organ called the prostate. I won't go into all the details of what it does and why, but

suffice it to say it is instrumental in the production of semen and ejaculation.

By gently massaging his prostate with your finger, or other device, you can force his semen to be expelled. It will not shoot out of his penis like a full orgasm or anything. What it will do is simply dribble out. You won't get much with each expulsion, normally. Some men can expel quite a bit, but the normal amount is about one third the amount of his normal ejaculation. Therefore, you might need to continue messaging his prostate until you have everything he has produced over that last few days.

There are special prostate devices made specifically for this purpose. They look like curvy butt-plugs. You may have limited success using one of these devices instead of your finger, but it has been my experience that each man is built slightly differently. Therefore, these pre-made devices don't work as well on everyone. Besides, with your finger, you can feel the prostate and make sure that you are in the right place.

What you do is lubricate everything first. Wear a a glove, either a medical type or even a dish washing style glove will work. Insert your finger up to your second knuckle so that you can bend it toward his penis. Feel for the prostate and massage it by moving your finger in a circular motion around the edges of the prostate. It is important that you not massage the center of the prostate as you will not be successful in expelling his ejaculate. The outer edges work much better.

Let me state for the record, there has never been a definitive study indicating that a man must ejaculate (or be milked) in order to maintain his health. It simply is not true. Men can go for years and years without an ejaculation and it will not effect his ability to do so when the time is right. So don't believe anything you might hear or read that says you have to milk him once a month. It is fun, but not necessary. Many women will set up a routine in which they perform ritual (routine) milkings just to keep him feeling submissive. Not a bad idea. But totally unnecessary.

There is a condition, often called "blue balls" that can be created by our constant teasing and denying him an orgasm. His balls will become a little swollen and, therefore, tender for a few days to a week. This is nothing to be alarmed about. It is just his body getting used to being teased and tormented without being allowed to ejaculate. It will subside on its own. Contrary to popular belief, blue balls don't last forever, nor get worse over time. If something like that happens, remove his cage for a few days. If it does not get better with the cage removed, he may need to see a physician. But under normal conditions, blue balls is nothing to worry about.

Another misconception is that the longer he spends in chastity, the more his semen will build up. Sperm is produced on demand. Every time he ejaculates, his body produces more sperm to replace it. It takes the average man about six hours to replace the semen expelled in one ejaculation. That sperm will not last for ever and will be

replaced in time as the old sperm dies out. It is my understanding that if a man is drained of all his semen, it will be completely replaced within twelve to twenty-four hours. So after that time, his body only produces what it needs.

Having said that, let's take a look at what happens when you deny his orgasms. You tease his body, convincing it that it is going to expel some semen (and sperm). But then, you don't allow the ejaculation. The body may actually begin production of some new sperm and other fluids needed. It will not produce an entire new batch before it realizes it doesn't need any more. Therefore, teasing is what actually produces blue balls. It is this extra, unnecessary sperm and fluid production that creates blue balls in the first place. It would not happen without the sexual arousal that occurs during your teasing sessions. Of course, there are men who will tell you that I am wrong. But if you examine their habits closely, you will find that most of these men get aroused in some other way. They may frequent porn sites on the Internet, or look at magazines featuring naked (or nearly naked) women, or they may arouse themselves in other ways. But the fact is, they are getting aroused during the day, thus creating the problem themselves.

After a week or so, the aching feeling and tenderness will subside. His body has gotten used to being repeatedly aroused without relief. So, in other words, his symptoms go away. If you really want them to return, give him an orgasm a day for a few days and then start your tease and

denial routine all over again. His “blue balls” will return and he will, most likely, not be a happy camper.

In summation, anal play can be fun, as long as it is done safely. Prostate milking is just another form of anal play and it can help to stimulate your partner's feelings of submission. I recommend at least attempting it. It may take you several attempts before you get the hang of it, but it is definitely worth the effort. So have fun with it, and any other anal play that you have read about in this book. The whole point of the chastity game is tease him and then deny his orgasms. So why not add some anal play and teach him what real denial is all about?

Advanced Teasing

*"Now look what you have done.
Lick up every drop or I will just put
it in your coffee tomorrow morning."*

I have broken this chapter down into two parts: Physical and visual stimuli, and psychological and verbal stimuli. When you combine these two types of teasing you can develop a highly effective program that will keep your partner on his toes and his mind aroused as much as possible. Keeping your partner aroused is an important part of any tease and denial routine when your partner is in chastity. The basic premise is; The more sexual stimulation he receives, the more aroused he becomes. The more aroused he becomes, the more attention he will pay to you. Therefore, the more sexually and emotionally satisfied you will both become, making for an all around better relationship.

Physical and Visual Teasing

I have already talked about some of the things you can do to physically tease your partner's body and sexually arouse him. There are many more things you can do than I could possibly list here. So I won't try, but there are a few worth mentioning. Such as, using a vibrator on yourself while he watches, or walking around the house in your sexiest lingerie. These are but two of many visual stimuli that you can use to keep your chastity boy aroused. Here are a few more worth mentioning.

Edging: You may have heard or read about edging on the Internet or in another book, but since it is something I am sure your partner will love, I will explain it here. All edging is, for those who don't know, is bringing your man as close to ejaculating as you can and then letting him cool down time and time again. Since he will not be actually ejaculating, you can do this as many times as you like. It doesn't matter how you get him close to ejaculating, as long as you stop BEFORE he does it. The secret to edging is knowing when to stop. You will need to study everything he does before ejaculating. Every man is different, but watch his facial expressions, especially if you have told him he is not allowed to ejaculate.

Once you figure out how to tell that he is getting close, you can bring him to that point as many times as you like, as often as you like. Whether you end an edging session by allowing him to ejaculate or by denying him that

pleasure, is up to you. But bear in mind, the purpose of chastity is to deny ejaculation for long periods of time, in or out of the device. Every time you tease your chastity boy, in his heart, he wants you to deny him. Therefore, do your best to keep him from ejaculating. No matter how much he begs for that orgasm, he doesn't really want it. He wants you to deny it. If you choose to allow it, be sure he understands that it was your decision and not his. Besides, it is fun to listen to him beg for that over which you have total control.

Ice: There are many uses for ice of which you may not be aware. You can use ice, or an ice bag, to help shrink an erect penis back into a size that will easily fit back into a chastity device. But beyond that, ice can be very erotic. Use it during your tease sessions to stimulate other parts of the body as well. Rub a piece of ice across his chest, his nipples, and his stomach. His genitals are also very sensitive to cold (in an erotic way). I would caution you not to leave ice in one position for more than a few seconds. It can, and will, burn sensitive areas if left in place. Run a small piece of ice over his anus a few times and you will get a nice reaction.

If you decide not to use ice because you think it is too messy, try using a small zip-lock type of plastic bag. It contains the melted ice and still passes the full effect of the cold to your victim. Using a regular ice bag, the type used for headaches or injuries, will allow you can leave it place a little longer. They are insulated and don't pass the

full effect through to the body. That is to say, they are not as cold as straight ice. All in all, ice is fun and very stimulating.

Anal Toys: I have talked about anal toys before, but they are worth mentioning here as well. Devices such as plugs of various sizes, dildos (both realistic and smooth surfaced), and, of course, the strap-on harness used for anal sex that simulates a male penis, are all good toys to have on hand.

Plugs can be used even when you are not in a play session. With a good amount of lubrication, a plug can be placed in his bottom in a few seconds (large ones may take longer) and can, therefore, be inserted while in a bathroom, or even a restroom. It can be worn under his clothing so he can wear it out in public. Believe me when I say it is a great way to keep him aroused. The humiliation factor alone is worth the time and effort to have him insert a plug to wear out shopping. He will insist that everyone he sees knows he is wearing it.

You can use dildos in a number of ways as well. They can be inserted or used as a fake penis with which to stimulate his anus (or simulate bi-sexual activity). The anus is a very erotic zone on most men. If you combine the use of a dildo (whether hand-held or in a strap-on harness worn by you) with some verbal teasing about bi-sexuality, or your power over him, you have a really powerfully erotic combination.

Masturbation: Masturbation, as I have said before, is one of the most humiliating things a man (or woman) does. It is private. It is not normally shared, even with one's own spouse. Having said that, it is also one fun way to tease your chastity boy. There are three basic ways you can tease a man with masturbation.

The first is to have him masturbate for you, or for someone else, or somewhere (like a public restroom) where he just might get caught. The second method is to masturbate yourself while he watches you. Assuming he can't touch you (or himself) in any way, he will get aroused and you will give yourself a bit of pleasure. The third way to use masturbation as a means of teasing a guy is to offer him the opportunity for a full orgasm if he is willing to masturbate to get it.

Of course, it all depends on how you do it. For example, if you make him the offer to masturbate now or wait a another month in chastity he just might refuse. If not, then attach more stipulations to it. If he does it, he will have to go a full six months before getting another opportunity. Or, maybe he has to do it in a public restroom, or in front one of your girlfriends. Maybe you put a time limit on him. He would have to ejaculate in so many minutes (or seconds). Perhaps you might limit the number of strokes he can use. There are many, many ways in which you can tease him with a simple thing like masturbating for an orgasm.

You could also tell him, that if he wants to masturbate, he will have to drink his own ejaculate. Some men find the idea totally repulsive. Others can't wait to do it. And then there are those men who want to try it until they are faced with actually having to do it. Of course, if they have just had a full orgasm, it is only natural that they lose interest, and therefore, don't want to try it. If you think your guy is one of those who wants to do it until actually faced with it, try ruining his orgasm. Remember, a ruined orgasm does not diminish his desire for sex. If he only wants to do it when he is aroused, then a ruined orgasm will leave him in the mood to try it. But, of course, you may have to "force" him to comply.

I always keep a small medicine cup (or shot glass) handy for just such circumstances. I love to make a man consume his own ejaculate whenever possible. It is all part of the game. It is my way of adding a little humiliation to an otherwise pleasurable event.

Psychological and Verbal Teasing

If you can keep in mind that this is all a game, a head game you might say, then you should really have no problem with this section. The whole point of verbal and psychological teasing is to arouse him in ways that either humiliate him or mentally stimulate him. Basically, you are playing with his mind.

Humiliation is an excellent way of playing with his mind. You don't actually have to put him in a humiliating

position such as I mentioned above. If you tell him you want him to masturbate in front of your best friend the next time she comes to the house, you have done your job. He will be humiliated, mentally and psychologically. You don't have to go through with it, but the more believable you are when you say it, the more turned on he will get. The more details of such an event that you give him, the more he will think you are actually planning to do it. If after your tease session he comes to you and asks if you would really make him do such a thing, please don't tell him, "No." Be evasive, or continue to make him believe that you just might. Of course, if you think he would really enjoy it and you know your friend would as well, then maybe you want to go through with it after teasing him about it for awhile.

There are as many ways to tease your guy as there are men in the world. Because every man is different, each has his own fears and humiliations. Of course, we have already talked about masturbation and how you can use that to tease and humiliate him. But here is a short list of some of the more common ways men can be humiliated.

Cross-Dressing: As I have said before, there are many men who enjoy dressing up in women's clothing and even makeup. Of course, having to go out in public may not be their desire. Some men want nothing to do with being dressed in a maids outfit and wearing it around the house. But no matter where your partner's desires lie, you can always play on his fears. We are not talking about dressing

him up, though, of course, that is a possibility. We are talking about teasing him with the idea of having to do it.

Service to others: Maybe you want to tease him by telling him you are going to have him serve you and the girls the next time you invite them over. Maybe he will have to wear a skimpy pair of underwear, or only an apron, or nothing at all. Again, you are playing with his mind. You might tell him that you would like to loan him out to one of your girlfriends for a night or a weekend. Or maybe you are planning a party and you want him bound to a table so that everyone can play with his naked parts. Again, the more details the better. In the last example, you could tell him what kinds of toys you plan to have available for your guests to use on him.

Cuckolding or Bi-Sexuality: You can always try this one out. Tell him that you want to have other men come over and have sex with you while he watches. Or maybe he has to participate in a bi-sexual way. The thought that you might make him perform fellatio on another man, even though you would never do it, can be quite a turn on for some men. Just be sure to make it sound believable and include lots of details.

It's All About Believability

What we are talking about here is toying with his mind.

Remember the game. The best part of psychological teasing is that you can do it any time you want. You can whisper something in his ear when you're at the grocery store. You can send him a text message, or an email describing the things that turn him on or humiliate him. Call him when he is at work and remind him that he is going to have to do such-and-such when he gets home.

This is my favorite kind of teasing because I can do it any time of the day or night I want. Once I have planted the seeds, I can then relate another detail or two to him and I know he is going to think about it and get aroused. I can put a message in his briefcase before he leaves for work. Use your imagination and come up with some things to tell him that will get him all worked up. Tell him in the morning that you plan on doing [whatever] that night and he won't be able to get his mind off of it all day long.

You can actually have him wear a pair of panties to work under his regular clothing. If that turns him on, he may be open to more. However, if you are only talking about making him do it, you can push him as far as you like. If you never even make him wear a pair of panties, it won't matter. The key is in the teasing. You have to talk it up as if you might actually do it.

Please understand, he will enjoy it. Scared, humiliated, even embarrassed to think about it, he will still enjoy every minute of it. If you can keep it a real possibility (in his mind) by never telling him any differently, you will have created a wonderfully, devilish, fantasy that you can use to keep him off balance, never knowing when, or if, a

certain thing will happen.

In short, psychological teasing is the easiest and most fun you can have in this game of tease and denial. Don't be afraid of it. Don't neglect it. Use it. Have fun with it. And, most of all, have fun with him.

Useful Phrases

*‘No, Sweetie. When you figure out
what pleases me, and start doing it everyday,
then I’ll think about letting you have an orgasm.’*

I know that many of you are really reading this book to find out what to say to your partner in certain situations. Well, that's what this chapter is for. I have included as many categories as I have room for. But even if you don't find exactly what you are looking for, I am sure you can find something that will help you come up with your own words to say. So without further adieu, let's get on with it.

Texts, emails & phone calls:

I am in need of some orgasms – Would you like to handle that?

Know anyone interested in taking a bath with me?
I am so horny! Think you can do something about that?
Don't be late tonight, I have plans for you.
I should have sent you to work with a butt-plug.
Go to the restroom and insert that plug I put in your
briefcase.

When Giving orders:

Want 10 minutes of teasing? Then wash the dishes! (Said
firmly)
Remember who is in charge here.
Please go do [his chore]. (only a first request)
I want you to [do whatever] right now.
Do your chores and we can talk about an orgasm.

When he complains:

If I hear one more complaint, there will be consequences.
That will be one more month in chastity. Want to try for
two?
You asked for this. Now you've got it.
Do you want to stand in the corner for an hour?

Georgia Ivey Green

Put as many of these marbles as you can in your mouth.

When he disobeys:

Fetch my hairbrush.

Do you want another month added to your chastity, or would you rather be paddled?

You realize you will have to be punished for that.

It's real simple. Either you obey me or we don't play this game.

Before punishing him:

This will hurt you more than it does me.

Hairbrush, riding crop, or paddle?

Should I paddle you or put those spikes in for the rest of the week?

Take your punishment or I'll remove your chastity device permanently.

After punishing him:

Here's some Icy-Hot. It will sooth the pain.

Now, do you want to do your chore or shall I continue?

I don't feel sorry for you. You earned that.

I hope you learned a lesson from that.

When you ruin his orgasm:

Did I ruin that? I am so sorry. (said sarcastically)

I'm sorry, I don't remember saying I would make it a full orgasm.

Oops! Oh well, maybe next time.

No, that was it. Time to put you back in your cage.

I just love how you strain to make it shoot, but it won't.

When you stifle his orgasm:

I told you NOT to cum!

That's what happens when you cum without permission.

That was close. You almost had a full orgasm.

That's not as much fun as a full orgasm, is it?

Maybe if you had done your chores, I wouldn't have had to do that.

When you give him a full orgasm:

There now. Did that make you feel better?

Georgia Ivey Green

That's done. Now lick it up.

Drink it or I will put it in your coffee.

Wow, that wasn't much. Oh well, an orgasm is an orgasm.

There. That should hold you for the next six months.

It's going to be a long time before you get another one of those.

While teasing him physically:

Don't you DARE cum!

If you cum without permission, I WILL paddle you.

Do you like it really slow, like this?

I'll just bet you really want to cum, don't you?

I was thinking of lending you out to my best friend.

What would you think if I invited [best friend] over to help me do this?

I am thinking of having a party with you as the entertainment.

I think you will look cute in a maid's outfit.

I think the girls would love to spank your little bottom.

While he is masturbating:

Hurry up. I don't have all day.

I'll give you just one minute more.

What's the matter? Need some help with that?

If you cum, I'll lock you back up for a year.

Stop! That's it for now. Maybe I'll let you finish later.

Just think, the girls will love watching you do this.

Before he leaves for work:

Maybe I'll tease your cock for an hour tonight.

While your at work, I'll be here, masturbating.

Think of some where nice for dinner and I'll make it worth your while.

I think [your friend] is going to help me tease you tonight.

How many of your coworkers know about your chastity?

Maybe I'll text [coworker] and tell her about your chastity cage.

While he is at work:

Tonight I am going to tie you to the bed and tease you for hours.

Georgia Ivey Green

Go insert the butt-plug I put in your briefcase.

I am playing with myself right now. Bet you wish you were here.

I invited [your friend] over tonight. I want to show him/her your chastity device.

I hope you don't mind, I just text your secretary about your chastity cage.

When he gets home from work:

Take me out for dinner and maybe I'll let you cum tonight.

Strip. Right here in the foyer, then go fix dinner.

Oh baby, you look tired. Maybe I shouldn't tease you tonight.

I have big plans for you tonight. (Said while fondling him)

Do you want to go out to eat, or make me dinner?

While fondling his balls:

These don't feel full enough for an orgasm.

Maybe I should tie a heavy weight to these.

Now, are you going to do everything I tell you to do?

Tell me, does that make your cage seem smaller?

While shopping:

[Patting his bottom] I should have made you wear a butt-plug.

Want a blow-job tonight? (Whispered)

[His name] come here. Your Mistress needs you. (Said loudly enough for others to hear.)

Do you like these panties? Want me to ask if they have them in your size?

I wish your cock was as large as this cucumber.

Now go in there and buy yourself a pair of panties.

Go, or I'll say it louder.

Before bed:

You won't mind if I sleep naked, and cuddle with you?

Would you like to take a shower with me?

I can tease you for 5 minutes and ruin your orgasm, or I can tease you for 20 minutes with no orgasm.

I invited [your friend] over to help me tease you tomorrow. Now go to sleep.

While in bed:

Get down there and give me 10 orgasms.

Georgia Ivey Green

I can't sleep. Give me a nice body massage.

Can I play with your balls until I fall asleep?

Rub my bottom until I fall asleep.

To scare him:

Maybe I'll make you wear the metal cage when you go through air port security.

I want to tie you up and let you watch [his friend] fuck me.

Maybe I'll have you suck [male friend]'s cock.

You like anal play so much how about I get [his friend] to fuck you?

Maybe I should drop you off at a gay bar so you can pick up a date.

I could always put those spikes in your chastity cage, you know.

To humiliate him:

I've seen bigger cocks on a hamster.

Did you know he is wearing a chastity device? (In front of a friend)

Show them your chastity cage, Honey. (With other people

around)

His cock is too small. I had to lock it up in a chastity cage.
(In front of a friend)

There are a million things you can say to tease and turn him on. With a little imagination you should be able to come up with a few of your own. If you know anything about his fantasies, use it. You already know they turn him on, so anything that reminds him of his fantasy is a good thing to say when you want him thinking of sex. Remember too, if you want sex in any way, go ahead and tell him what you want. It is to your benefit to say something and get what you need before you do anything for him.

Here is a tip that will help you keep your partner in line. At random times, when you are both home (and especially if you have kids) take him to the bedroom and take his pants down. For the next five minutes or so, fondle his balls, chastity cage, and even his bottom. Make him stand perfectly still while you do it. This is a good time to whisper some erotic things to him. Maybe tell him that you have plans to tease him later, or tell him about your plans to humiliate him in some way (see the list above). When his time is up, walk out of the room and tell him to pull himself together. Or tell him to do one of his chores. This kind of thing will keep his mind filled with fantasy. He won't be able to think about much else for the next couple of hours.

You can also do something similar when you are out shopping. You will have to be more discrete about it. Hide among the racks of clothing in the women's department and put your hand down the back of his pants. Then whisper something (anything) he will find erotic and then walk away.

There are a million things like that you can do on the spur of the moment. It will get and keep his attention on you. He will follow you anywhere if he thinks you might repeat the fondling. Of course, you can always put your hand down the front of his pants if you want. And you don't have to be out shopping. You do it in the car, at a restaurant, or while out for a stroll in your own neighborhood. And remember, you don't actually have to do any of the things you say to him. You are simply teasing him psychologically.

Toys And More

*"I know those little spikes in your chastity cage
hurt when your little willy tries to get hard,
but I want you to watch me use my
vibrator... Every day."*

As a kid, I am sure that, like me, the more toys you had the better. Well, as an adult, I still can't seem to get enough toys. Adult, sexual toys, that is. But there are a few basic toys that you might want (or need) if you are going to properly tease your chastity boy.

Here, I will list those and some other (optional) toys, so that you will have a guide to go by when you are ready to buy your own toys. Many of the things I mention here have more than one use. Some are everyday items you can find around the house, or substitute with something around the house. We will be discussing not only the

items themselves, but their many uses.

Of course, you won't have to use every item in the list in all the ways I describe. What you choose to do, and which items you enjoy using, is entirely up to you. This is meant to give you an idea of what is available and how you can put those things to use. Let's start with what I call the "essential" items every toy box should have.

Essential Items

Clothespins: The cheap, wooden, spring type of clothespins are perfect. You can use them as nipple clamps, or clip them on his scrotum three to six at a time. Men's nipples are not as easily clamped as a woman's, but it can be done. This causes considerable pain depending on how strong the springs are. I have found that the cheaper versions, obtainable at most dollar stores, work best because the springs are usually weaker. You can weaken the springs by spreading the jaws apart farther than they usually go, but you need to use caution. If you spread them too far apart, you might over-stretch them and they won't work at all any more.

Try this test: If you can withstand the pain on your little finger (at the nail) for up to one minute, then you can use it on your partner without worry. Don't leave spring clips such as these on for more than a few minutes (up to about ten minutes should be plenty) because they can cause damage if left in place too long. They will also cause more pain when they are removed.

I don't recommend plastic clothespins because the jaws usually have grooves in them to help them grip and they tend to cause too much pain. A smooth surface is preferred. Any clips you use on the scrotum will not be nearly as painful because there are not as many nerve endings there. But you should stick to the ten minute rule for scrotum clips as well.

Kabob Skewers: Again, the wooden kind you can get in any grocery store. Toothpicks work but the skewers are not as sharp. You can poke your victim in just about any sensitive spot with one of these to stimulate his skin. Don't poke him too hard. You don't want to break the skin, you are just teasing him with them. They work best when he is blindfolded, but we will cover that later.

Use the skewers to poke his scrotum, his penis, his bottom, his chest, his sides, his legs, and/or the bottoms of his feet. Anywhere that you like (except his eyes, of course). You can test the spot with soft pokes, then try harder ones to see his reactions. You will undoubtedly find many places that make him writhe and jerk.

Blindfold: I chose to put this under essential items instead of BDSM equipment because I feel that every toy box should have at least one blindfold. Taking away your partner's sense of sight is the single most arousing thing you can do. He will be aroused simply because he cannot see what you are doing. Don't believe me? Sit him down

in a chair, blindfold him, then do nothing but sit and watch him. After about five minutes, if you can't tell he is turned on, ask him how he feels. I would be willing to bet that, whatever he says, you will know that he is excited.

I use a blindfold whenever I don't need for him to see something in particular. Even then, I may let him see it (like a branding iron) before I apply the blindfold. No, I would not brand my chastity boys unless I knew that is was something they truly wanted me to do. But you would not believe the effect it has when they see it before being blindfolded. A piece of ice will burn them if they believe I am going to use a hot iron iron.

A blindfold also allows him to visualize you any way you want him to. If you want to tell him that you are putting on a leather teddy and fishnet stockings with thigh-high boots, he will see you dressed that way in his mind. You may be wearing a pair of bluejeans and an old t-shirt, but he doesn't know that. The blindfold will also heighten his other senses. Your every touch will be magnified. That is a good thing!

A Feather: Or a very soft brush. This is used to give him some very light, very stimulating, and frustrating, touches. You can stroke his penis (if he isn't wearing his chastity cage) very lightly and he will, most likely, not be able to ejaculate from this alone. If he can, do it less or stop more often. You can use the feather on his feet, his inner thighs, his face, his genitals, and just about any place you

want to use it. Have fun with it. It works best if he is physically restrained.

Lubrication: There are many more uses for lubrication than just making things easily slip inside you. Whether you are into anal play or not, you need lubrication! Used on his penis, you can keep him on the verge of ejaculating for a very long time. It also keeps his penis from getting chaffed, or sore, from your hand. If you use any of the optional toys that require insertion of his penis, you will need lubrication there as well.

You may need to lubricate his chastity cage to prevent chaffing as well. I have found that a good silicone lubricant will do great for that. You may want a water soluble lubricant for certain activities, and one that is not water soluble as well. Not being water soluble, they usually last longer and don't soak into the skin or evaporate. Petroleum jelly can be used as long as it does not come into contact with certain plastics or vinyl. Certain plastics and vinyls (condoms included) can be attacked by this type of lubrication and become ineffective or even destroyed. So read the label before you buy.

Wrist Restraints: I put this here instead of with the BDSM equipment because it has always been my belief

that you should restrain his arms (hands) any time you remove his chastity device. We wouldn't want him touching himself, now would we? You can use a piece of rope, fuzzy inexpensive cuffs, or a pair of good leather cuffs.

DO NOT use steel handcuffs! The police use this type of cuff partly because they are **NOT** comfortable, and partly because you need a key to remove them. But if you have ever worn a pair of these things for any length of time, you know how harsh they are. They can be so uncomfortable that he won't enjoy anything else you do to him. A nice piece of nylon rope will work just fine. Besides, you will need to add more rope in the near future anyway. Ankle cuffs would be nice, too, but not necessary.

A Vibrator: You will need some kind of vibrator. It can be one of those corded types, though they never make the cord long enough. The rechargeable kind is better, no cord to get in the way or limit your reach.

You can even use a small battery operated type. You know the type, it is most often called "bullet" shaped. It should be big enough that it requires "C" batteries or the larger "D" cells. You want it powerful enough to last at least an hour. If possible, it should have multi speeds as well. Changing speeds during a tease can make the difference between a ruined orgasm and no orgasm (the desired result).

As I said, it really doesn't make much difference what type you have as long as it vibrates and can be placed wherever you want to put it. It is best to keep one of these in your nightstand. You will want it handy at any rate. You might even want a variety of vibrators of different sizes and shapes.

Condoms: You know what these are (or you should). You should always have several on hand in your toy bag, your nightstand, and anywhere else you might find yourself in need of one. The car is a good place to hide a few as well. After all, you never know when you will need one while you are away from home. Flavored ones are nice, too. I keep some that are lubricated (no spermicide!) and some that are not. You'll find out why later.

You can (and should) use condoms to cover any of your insert-able toys. It is not only more sanitary, but makes clean up a breeze. Condoms can do a great deal more than prevent babies!

Other Basic Items

Spreader Bar: You can spend a chunk of money on one or more of these, or you can go to your local hardware or lumber store and buy one for under \$5. Just ask for a dowel rod at least 3/4 of an inch in diameter (one inch works as well) and three or four feet long. Many lumber stores carry these in both three and four foot lengths so

you don't have to cut anything.

Using a little rope you can secure your guy's wrists and/or ankles to it. If your bed does not have posts or rails that are convenient to tie to, a pair of spreaders are indispensable. You might, on rare occasions, need one four feet long. But three feet should work for most applications. You can tie your guy's hands behind his back, or to the bed post, or just about anywhere, but what do you do with his legs?

- If you want good access to his private parts, you have two choices; 1) you can sit between his legs and try to hold them in place while you do your work; or 2) you can fasten his ankles to the ends of a spreader bar and sit or lay where you like. Personally, I prefer to use the spreader since it gives me more freedom to move around. Sitting in one position (even for thirty minutes) can put undue stress on certain body parts. Namely your back!

Straight-back Chair: You probably have several of these sitting around your dinner table. Yes, that kind of chair. Something you can use to bind his feet and arms to while doing a number of different things. You can bend him over the back with his feet bound to the back legs and his wrists bound to the front legs just below the seat. In this position, his genitals, as well as his bottom, are in a good position for you to do what you need to do. Want to paddle him? Want to take him from behind? Want to play with his balls? This is the perfect position. You can also

bind him in a sitting position and do lot of other things with him.

Warming Cream: A deep heating rub of some kind. There are a number of brands that come in different forms. Icy-Hot is one that comes to mind. Tiger Balm., Deep-Heating rub, and Bengay are a few more. I hope you are not wondering why you need one or more of these. It is simple. Rub some on his scrotum or anus before he leaves the house, then you will understand. He will tell you if you don't already know.

Most of these creams, roll-ons, and sticks need to be covered to be most effective. That is, you don't want to smear one of these on his nipples and leave him laying on the bed. They don't work very well that way. But, if you put a shirt on him and send him to the store, you will get more benefit from it.

Ice Bag: There are several things you can use this for, but the main one is to shrink his "dink" down to size when it is time to put it back in the cage. Assuming you have NOT allowed him to have a full orgasm, he may be too large to fit into his chastity cage. So you will need to shrink him down again in order to get it back on. Ice can be used in many other ways as well.

Anal Plugs: You may not be into anal play, but when it

comes to humiliation, there are few things better than an assortment of anal plugs. You should have at least one in your basic toy bag. Get whatever size he thinks he can handle, and one larger as well [wink, wink]. I would keep several sizes on hand, just in case.

Realistic Dildos: These are of the softer variety. You will need them for various things. Think about what kind you would enjoy and then think bigger! You will want several sizes. Some small, or about his size. And others that are larger than he is. How much larger is up to you. They can be used for both anal and oral training.

Hair Brush: This should have a flat surface on the back. The wider the better. I have seen several wooden ones in my local pharmacy that would work well. I think just about everyone has thought of using one as a paddle. You can do that. Or you can have him brush your hair whenever you like, too. In fact, my husband cringes whenever I ask him to fetch mine for me, even though it is usually to have him brush my hair.

You may be able to think of many more items that you want to keep in your toy bag, but these are what I consider to be the basics. There are a great number of things you can do with just the items listed above. But I will give you some specific ideas just in case you need the help.

Optional Toys

Paddle(s): You will want one or more paddles even if you don't think you will ever use them. Trust me, you will want to. Besides, the chances are good that he will want you to at some point. My favorite item to use as a paddle can be obtained at your local paint supply store (even Wal-Mart). It is a stir stick for five gallon paint buckets. It should be about eighteen inches long and an inch and a half wide. The wooden variety are not too flimsy. But should you accidentally break one, you can easily obtain another. In fact, some places will give you one if you buy your paint there.

You can also use a wooden ruler or a larger, fraternity style paddle. (Psst, your hair brush works quite nicely, too.) The smaller paddles make excellent play paddles when you don't want to really hurt him. The larger paddles are for behavioral correction. I find the smaller paddles don't require as much effort, and they can smart quite a bit.

Riding Crop: Riding crops can be obtained on-line or at your favorite equine shop. I have found them in farm supply stores as well. They are not very expensive, and even if you never strike him with it, it will help to complete the picture of his "perfect" Mistress in his mind. Put on a black teddy (any lingerie store for under \$20) and hold one of these in your hand and he will

quickly bow down before you. Most men have a fantasy such as this. So play into it.

Flogger(s): There are a ton of floggers out there ranging in price from ten dollars to a couple of hundred dollars each. If you are not into using a flogger, a cheap one will fill the bill. I would stick to leather until you decide you really need something more intimidating. Although I have never seen anything more intimidating than a good leather flogger, the beaded floggers and some of the rubber ones can be intimidating to those who are not used to them. Again, these help to complete his fantasy of the perfect Mistress, so you may as well have one, even if you don't use it.

If you decide you want to use a flogger on his back side, practice first! Use a pillow as a target and practice until you can hit the same spot repeatedly without missing. You have to be careful not to "wrap" the ends of the flogger around his hips. You want the ends to strike the top of his butt-cheeks. If they wrap around, they will be moving much faster and can cut the skin or cause serious wounds. There are many ways to use a flogger, most of which would not cause any pain. But using any type of whip can be very serious, so practice diligently before ever striking his body.

Fastening Clips: These come in several varieties. The most versatile are the double ended clips. They have a

spring operated clip at each end and come in two basic sizes, 3.5 inch and 4.5 inch. They are used to quickly attach things equipped with “D-rings” or “O-rings” such as collars and leather cuffs often used as restraints. You can put your own rings on your spreader bars and use the clips to quickly and easily attach your victim's wrists and ankles to it.

Carabiners are another type of clip you can use. Be careful though, some are not made to handle much stress and might break or fail in use. I have sometimes found it difficult to get carabiners off, simply because there is a little cut out that seems to catch on everything. But they do work.

Electro Devices: Okay, it's not a requirement, but I find them so much fun to use. There are a wide variety of electro-stimulation devices and add-on devices for many different purposes. There is an electro-stimulation device called a “Violet Wand” which gets its name from the color the original device produces. You have seen those little globes with the dancing electricity inside. If you notice, they glow violet in color. You can get devices now that actually glow a different color, but the most fascinating part about these devices is the way they feel when brought close to your skin. The current is not enough to harm you and can be quite stimulating.

Other devices simply send a current of varying intensity from one point to another in your body. They are called

“skin effect” devices. You can vary the intensity, and wave form used. I think you will find them quite stimulating when the pads are placed in just the right spots.

Ropes: As I said earlier, you will need several lengths of rope. If you are going to use them for binding your prey, then you should get three-eighths to one half inch thick rope. You can use one quarter inch rope, but you will need to wrap each body part more times. Thus, you will need longer pieces. The thicker rope does not need to wrap so many times as long as it is not pulled tightly enough to cut off circulation.

Many people recommend using cotton rope, but I have found the nylon, either twisted or braided (often called diamond braid) work better. They are easier to untie than cotton and don't stretch as much. Nylon rope will not chafe nearly as easily as many other types, including cotton. It feels soft and smooth to the touch, but it is very strong. I like to drag the end of a twisted nylon rope across my victim's chest and stomach. You would be amazed how sensuous it can feel if dragged slowly enough.

The drawback to nylon is cutting it. It tends to fray badly. You need to place tape around the place you intend to cut it then sear (melt) the ends so they will not come apart. This can be done with a cigarette lighter, or a hot-knife. If

you are somewhat sadistic, you can buy hemp or jute rope. Though the ends will fray on those as well, they are much harsher when tied against bare skin. Some men like that.

Penis Pump: This is a toy that probably does not work as advertised, but is still fun to play with. It consists of a large tube that fits over your partner's penis. There is some kind of pump (depending on how much you spend) that attaches to the top of the tube. When you pump the air out of the tube it decreases the pressure inside and, therefore, enlarges the penis. The effect does not last long, but will last longer if you apply a constrictive ring at the base of his penis. It can be exciting if you like the larger size. Just don't expect it to make any permanent changes in the size of his equipment.

Here's a tip: Pump up his penis, then, before you release the pressure, tie a boot-lace around the base of his penis. After removing the pump tube, coat his penis with some numbing cream and cover it with a condom. Now you can ride him as long as you like and he won't feel a thing, but he will stay larger, longer. It can be quite humiliating for him if you say the right things. Things like, "Now that's better." Or, "Now you can actually fill me," if you get my drift.

Masturbation Device: There are a huge number of devices meant to enhance masturbation. Tenga makes several good ones. They come in many different shapes, sizes, and prices. They are used when you want to humiliate your guy by making him masturbate into one. If you prefer, he can use his own hand. It is cheaper, and you don't need anything special to accommodate him, like lubrication. But if you want to use one, they can be quite effective, especially if you forbid him to ejaculate. Just be sure to lubricate it well before use.

Inflatable Doll: This is another optional item that I love to use. If you want to humiliate him, make him use an inflatable doll when he wants to have an orgasm. It will be loads of fun to watch, especially if you have your friends over, or at least, video tape it. It can be used as a punishment, a reward, or just as a way to humiliate him for fun. Use your imagination on this one. I am sure you can come up with some interesting ways to use a toy like this.

Strap-on Dildo: Although I put this in the optional category, to my way of thinking, it is essential. If you flatly refuse to take him from behind (as they say), then you won't need one of these, unless it is just to torment him. But, most men who enjoy chastity actually want to be used this way. That is, he wants you to strap on a dildo and plunge it into his bottom. It completes his fantasy of

the perfect Mistress as we discussed before. He has probably fantasized about being taken from behind by a beautiful woman such as you. If he hasn't, he will the first time he sees it.

There are literally thousands of other things you might want to add to your toy box or dungeon, but I don't have the time, nor the inclination to list them all here. But I have covered some of them in the the previous chapters. So brace yourself, and prepare to find out just what your guy wants. Every man is different and his fantasies will change as things progress. Be ready for it. In fact, there are ways to push those fantasies in the direction you want them to go.

Handling Separation

*"It's my job to keep you frustrated and horny
all the time. Even while you are away.
So I'll text you another naked photo of
me, every day until you get home."*

We talked about some of the things you can do to tease your partner when he is at work, or wherever, but I want to give you more examples of things you can do and say when he is not with you. If you do not have a phone that can send and receive text messages, shame on you. If your phone will do photo messaging, that's even better. You probably have guessed already where I am going with this. But pay attention, you still might learn something new.

Let me give you a list of some simple text messages you could send your chaste male anytime he is not with you.

If he went to the hardware store to pick up a new power tool, or the grocery store to get something you need, or even if you are both at the same variety store and find yourselves separated by several aisles, you can text him. Even if he is at home and you are out. So here are a few things you could say in your texts depending on your personal situation.

(Listed in no particular order.)

“I want to feel your tongue between my thighs.”

“How would you like to squeeze my breasts right now?”

“My nipples just got hard thinking about tonight.”

“Imagine my hand fondling your balls right now.”

“I wish I had put a plug in your ass.”

“I am masturbating right now.”

“I bet you would love to feel my mouth around your cock.”

“Would you like to rub my bottom?”

“Would you like me to rub your bottom?”

“I wish I could put my hands down your pants.”

“Want to suckle my breasts?”

“I want to use my strap-on on you.”

“Should I get a larger dildo for my strap-on?”

“Put that new plug in your butt before I get home.”

“I put a plug in your briefcase. Insert it before you leave work.”

“If I put whipped cream on my body, would you lick it off?”

“I want to lick your cock until you cum.”

“I want to ride you for an hour!”

“Hurry home if you want to bathe me.”

“I want you to rub oil all over my body.”

Of course, you can get a lot more graphic than I did here, but I think you get the picture. You could even save a few of your favorites and send them whenever you get the chance. It doesn't matter where you are or what you are doing, you can have fun teasing your poor little chaste partner.

That is not the only thing you can do. What about those times when you need to send him to the store to get something, or when he wants to visit the hardware store on the weekend? Here are a few things you can do when you get the chance.

If you want to humiliate him a bit, try one or two of these ideas:

Make him wear a pair of woman's panties (crotchless are even more fun).

You can actually put a plug in his bottom before he leaves the house and make him wear it until he gets back.

The idea with this type of tease is to cause him a little embarrassment, but not so much that he would be upset by it, but he will almost certainly feel like everyone who looks his way knows his little secret.

Make him wear the panties to work a couple of times a week. As long as he doesn't wear them every day, this will be fun. Don't forget, he is already wearing a chastity device so he will almost certainly need to sit when he urinates. No more standing in front of the urinal. It will make him feel more like a woman.

Have him drop by a boutique on his way home and buy some panties for himself. Imagine his embarrassment when the clerk asks if she can help him.

Better yet, make him go shopping for some women's wear for him. Everything from panties to shoes. He will have to try on the shoes to make sure they fit. Tell me that won't be humiliating.

If you need anything from your local adult sex shop, have him make a special trip to purchase it. Think about it, some of the things you might need are going to be very humiliating for him to buy.

Have him pick an inflatable doll. Tell him it's his new girlfriend and he will be spending a lot of time with her in the near future. It doesn't matter what he tells the clerk,

he will know what it's for.

Now let's suppose he has to go on a business trip. If he has to pass through airport security I recommend a plastic cage, that is, unless you want him to show it to them. If he travels by car it won't matter. But you can still have fun with him while he is away. For example, if he has a laptop or tablet with him, send him to an X-rated video web site and make him watch a specific video. Or several of his choice as long as he can tell you about them on the phone afterwards. He will probably get turned on watching them. That, in itself, will make things uncomfortable for him.

Tell him to wear his favorite panties when goes out to eat. Or maybe have him wear them to bed so he can think about you all night.

Don't forget to call him every night, or even during the day, so you can get him all aroused for that business meeting he is going to. And don't forget you can always text him.

If you both have phones that will handle photo messaging, send him a photo or two. During the day is especially good.

Don't forget to have him buy you something nice on his trip. Say a nice teddy or nightie? Something that will require him to visit a boutique during his spare time.

Okay enough of that. I think you get the picture. Use your imagination and come up a few surprises of your

own to keep him busy and aroused.

So what if you both go on a trip together? A vacation, maybe? If traveling by train or airplane, you can have even more fun. There is the old blanket over his lap while you fondle him trick. It doesn't attract attention, but watch his face turn red when they bring the drink cart down the aisle. Trains are wonderful for risky sex. You can both have fun in a private stateroom or even just regular seating.

But the best way to travel is by automobile! You can play with his genitals while he drives, as long as you don't get too distracting. You can whisper all kinds of things in his ear. Or you can have him insert a plug when you fill up with gas and let him remove it the next time.

And don't get me started on all the wonderful things you can do when you stay in a motel together! The possibilities are endless. Try using a little bondage and paddling his bottom. Can you make him scream loud enough to draw the interest of the people in the next room? Maybe you don't want to draw their interest that way. That's fine. Nobody says you have to.

Motel sex is always fun, especially when one of you is wearing a chastity device. Let him beg to be released just so you can tease him like you do at home.

Blindfold him, have him remove his clothing and tell him that you are opening the blinds for a minute. You can open and close them just a little very quickly and it will sound as if you are opening them all the way.

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Bend him over that tiny table they always seem to have in every motel room in the country, then use your strap-on to make him feel right at home.

Of course, you can always hire a babysitter if you have kids and go to a motel for the evening. It is not only romantic, but it can be so much fun as well.

Now, do you really want to have some fun with him? Bind him, tell him that you have invited a couple of men to join you later. If he asks you when they will arrive, just keep telling him, "Later." He doesn't need to know there are no other men. And if there are, so much the better. Just never remove the blindfold unless he likes to watch you with other men.

Yes, motels are fun. You can do things you wouldn't do at home because no one knows who you are. So what if they see your husband getting a soft drink from the machine while wearing only a pair of pink panties?

I have not met many men who don't enjoy at least a little humiliation of one kind or another. If you know your partner, you can always find a way to play to his sense of embarrassment.

We have talked about what to do and what to say while he is at work or running errands. We have discussed things to do when you are out together, or traveling. But what if you are at home and you have children?

Depending on the ages and sleeping habits, not to mention those teens who have social lives outside the

home, you may be limited as to how much you can do during the average day. Especially on weekends and during the Summer when they are home all day.

Remember those text messages? You can use them to communicate with your partner even when the kids are at home with you. They don't need to know that you are texting Dad, or what you might be saying in those texts. You can have him meet you in the master bedroom or even the master bathroom if you like. Take five minutes to pull his pants down and fondle his bottom or genitals, even with the cage in place. You just need enough time to get him aroused.

You can stand behind him and fondle whatever you can reach, his genitals, his nipples, and his bottom, all while you whisper in his ear. What should you say? How about telling him that you have plans for him later when the kids are asleep? Or maybe you can simply tell him how horny you are and that you wish you could have him ravish you right then and there. You could let him kneel between your legs and use his tongue to give you a little daytime pleasure.

The point is, there is really no reason why you can't still have fun, even when the kids are around. So use your imagination and try to find some things that you can do to keep things interesting. And don't forget to have fun yourself. Remember, teasing him includes pleasing you. Whether he does it or you do it yourself, it is still a means of teasing him.

KeyHolder's Checklist

*“Okay. Since it's your birthday,
I will let you roll the dice for a chance to
have an orgasm. If you roll snake-eyes,
I will let you out so you can masturbate.”*

Every handbook should have a checklist so you don't have to thumb through the entire manual looking for what to do next. So, here it is, a quick guide so you can look things up in a hurry and read the particulars later, when you have time.

Step 1: Choose a chastity device (if you intend to use one). Make sure you have one that fits properly. Test it out for a few days to make sure there are no problems with fit, chaffing, or pulling out. If he can pull out, you may need to get an anti-pullout device. These often have

different names, such as spikes, teeth, or even anti-pullouts. If your device didn't come with something like this, you may need to look for an optional, or third party, device that will do the trick. There is no point in locking him up if he can easily pull out and masturbate. The whole point of the game is denial of his orgasms.

Step 2: Set limits. Talk it all over and decide with what you are both comfortable. This includes things like length of denial (often left up to the KeyHolder), types of humiliation that will be off-limits, types of toys that will be permitted or not allowed, and rules for the chaste. It is important to have some preset limits to prevent problems later. Of course, limits can be changed as things progress. So keep the list up to date by periodically talking things over again.

Step 3: Set your goals. These are flexible as time goes on as well. But you need a starting target. Will he be locked up for a week at time, a month, six months, or even longer before a full orgasm is granted. Does he want a long denial or several shorter ones? Do you want to push him to longer and longer periods of denial? What will you do if he accidentally ejaculates? What if it's your fault? What if it's his? Again, these can change as you get further along.

Step 4: Create a release plan. Not an orgasm plan, just a plan for when he will be released from the cage. Will you release him for every major teasing session or not? Will he be released for weekly cleaning, shaving, etc. or will you take care of all that during tease sessions? Will he be released for travel or will he wear a plastic device with numbered plastic locks? All these times and more must be considered so there will be no conflict later.

Step 5: Plan for daily teasing. Will you play a game to determine such things as whether he will be granted an orgasm of some kind? Or maybe whether or not he will be physically teased that day and for how long. What kinds of things do you plan on doing on a daily basis? Text messages? Phone calls? Notes in his lunch box? Will there be daily fondling sessions (one to five minutes in duration)? Perhaps all or some of the above each day. This is something that you must decide. But whatever you decide, stick to it. Don't let a day go by that you don't do some kind of psychological teasing.

Step 6: Set daily chores. He needs to know what is expected of him. Make a list and make him stick to his list. Follow up on him and make sure he is actually doing them. If he slacks off, or fails to do an assigned chore, he should be reprimanded in some way. If scolding him doesn't seem to work, punish him. He needs to know that you mean business when it comes to the work you assign

him. Don't forget your sexual needs, either. Make sure he knows what he can initiate or not initiate. Is there something you want on a daily (or nightly) basis? A bath and a massage, maybe? Put it on the list.

Step 7: Create rewards list. Rewards are an important part of keeping him sexually aroused. You can reward him with a free breast fondle or a few minutes of non-released teasing. Of course you need large rewards for times when he goes above and beyond expectations and small rewards for other times when he has just plain been a good boy. Maybe he could take a bath or shower with you (with or without his cage) if he has been especially compliant. Or maybe you will allow him to masturbate (but not to orgasm) for a few minutes. Rewards are important and whether you share what those rewards are or not, you should have a nice list just in case you need to reward him for some reason.

Step 8: Set punishment guidelines. You should talk about setting up limits on punishments. At the same time, it should be left open enough to give you some flexibility. After all, you will be administering the punishments and, hopefully, they will be in accordance with the particular incident. You need to be ready with all levels of severity as well so that you are not hemming and hawing as you try to figure out what level of punishment to administer. You should be ready at any moment to correct unwanted

behavior with the proper punishment.

Step 9: Purchase needed equipment. If you haven't yet, you need to make a list of those things you want to use during your tease sessions; Wrist cuffs, vibrators, dildos, lubricants, etc., etc. If can afford it, go ahead and make your purchases. If you can't afford to buy everything now, get what you can and see if there is something else that will do in the mean time. Either way, you will want a list of things you think you might want or need. You can always add to it or delete some items as you go along. Practice makes perfect. So don't be afraid to try something new. If you fail the first time, try again another time, but don't give up until you know it is something you really don't want to do.

Step 10: Schedule teasing sessions. It is always a good idea to have a plan. If you schedule two or three major (at least one hour) sessions each week (more if you like) you should be able to keep your guy sufficiently aroused to get him through to the next one. These sessions are important. They are the center piece of a good tease and denial chastity game. He will begin to look forward to them. If you have to miss one, so be it, but you should make every effort to make it up to him. He is relying on you to keep him aroused. Missing too many sessions can cause him to become depressed and think you don't want to play the game anymore. Don't let that happen. Make a

schedule and do your very best to stick to it.

Step 11: Lock him up. When all else is done, it's time to for that big moment. Make a big deal out of it. Maybe celebrate with a night out on the town or a special tease session in which he will be allowed one last orgasm before the lock snaps closed. Don't just call him to the bedroom, have him drop his pants, then lock his cage in place. Let him know that this is a big deal for you, too. Find a way to make it special. Make it a moment to remember. A Kodak moment, maybe?

Step 12: Perform first release. When the time comes to engage him in his first big tease session, make a big deal out of that, too. Blindfold him so he won't see how nervous you are, even if you aren't. Spend a lot the time stroking his penis but don't neglect other erogenous zones either. And most of all, have fun and don't allow him to ejaculate. Remember, this is called tease and DENIAL.

Now that you have completed your first major tease and denial session, the rest is easy. Just stick to your plan. Don't panic. And don't allow him an orgasm without your permission. Daily teasing will become habit, just be sure to vary the routine. Making him wear women's panties to work one or two days a week can be

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humiliating, but if he wears them every day, the thrill goes away. The same goes for everything you do. The less often you do a particular thing, the more effective it will be when you do it.

Remember, it is a game. You are supposed to have fun!

About The Author

Georgia Ivey Green (Mistress Ivey), has lived as a female dominant since 2006. Before that she was a submissive to her current husband (and number one fan) from whom she learned what it means to be a dominant. She has been helping others to understand what a female led relationship (FLR) can be and how to make their relationships better. She has tried to educate people, and to dispel the stereo types that are normally associated with female led relationships that the Internet has, for so long, projected. She wants people to understand that a female can be in charge of a successful relationship without having to “dress” the part. That is why she started writing her blog “Becoming A Mistress” back in October 2010.

Georgia Ivey Green

Other Books by Georgia Ivey Green (Mistress Ivey)

How To Set Up An FLR

Taking Back Your Marriage

The Marriage Counselor (Vol. 1)

The Marriage Counselor (Vol. 2)

The Marriage Counselor (Vol. 3)

Look for them at your favorite eBook Store

Check out Mistress Ivey's blogs at:

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